

# You Ain't Hurt Nothin' Yet (P)

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 0      級數: Partner  
編舞者: Rick Bates (USA) & Deborah Bates (USA)  
音樂: Addicted To Love - Kimber Clayton



**Position: Indian Position, same footwork unless noted**

## WALK FORWARD, OUT-OUT, IN-IN, WALK FORWARD, OUT-OUT, IN-IN

- 1-2            Step forward on right foot; step left foot next to right  
&3            Step slightly to the right on right foot, stretching right arm to the right; step slightly to the left on left foot about shoulder width apart from right, stretching left arm to the left  
&4            Step right foot to home, bringing right arm back to lady's right shoulder; step left foot next to right, bringing left arm back to lady's left shoulder  
5-6            Step forward on right foot; step left foot next to right  
&7            Step slightly to the right on right foot, stretching right arm to the right; step slightly to the left on left foot about shoulder width apart from right, stretching left arm to the left  
&8            Step right foot to home, bringing right arm back to lady's right shoulder; step left foot next to right, bringing left arm back to lady's left shoulder

## SIDE STEP, BEHIND, PIVOT, FORWARD SHUFFLE, TO THE RIGHT MILITARY PIVOT, FORWARD SHUFFLE

- 9-10            Step to the right on right foot; cross left foot behind right and step  
&            Pivot ¼ turn to the right on ball of left foot

**Partners now facing OLOD in the left side-by-side position**

- 11&12            Shuffle forward (right, left, right)

**Release left hands and raise joined right hands. Lady turns under upraised hands**

- 13-14            Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot

**Rejoin left hands. Partners now facing ILOD in the Right Side-By-Side Position.**

- 15&16            Shuffle forward (left, right, left)

## MAN: VINE RIGHT WITH ¼ TURN, LADY: 1 ¼ ROLLING TURN TO THE RIGHT

**Release left hands and raise joined right hands. Lady turns under upraised hands**

- 17-18            **MAN:** Step to the right on right foot; cross left foot behind right and step  
                  **LADY:** Step to the right on right foot and begin a 1 ¼ rolling turn to the right traveling to the right; step on left foot and continue 1 ¼ to the right rolling turn  
19-20            **MAN:** Step a ¼ turn to the right on right foot; step left foot next to right  
                  **LADY:** Step on right foot and complete 1 ¼ to the right rolling turn; step left foot next to right

**Rejoin left hands in the Indian Position facing LOD**

## SYNCOPATED HEEL/TOE TOUCHES

- 21            Touch right heel forward  
&22            Step right foot next to left; touch left heel forward  
&23            Step left foot next to right; touch right toe to the right  
&24            Step right foot next to left; touch left toe to the left

## BODY TWIST

- 25-26            Keeping left toe pointed to the left, bend knees and dip right shoulder as you twist body a ¼ turn to the left; bring right shoulder up and straighten knees  
27-28            Bend knees and dip right shoulder as you twist body a ¼ turn to the right; bring right shoulder up and straighten knees, keeping left toe pointed to the left

**MAN: SIDE STEP, BEHIND, TRIPLE STEP, LADY: FULL ROLLING TURN TO THE LEFT, TRIPLE STEP**

**Raise joined hands. Lady turns under upraised hands**

29-30           **MAN:** Step to the left on left foot; cross right foot behind left and step

**LADY:** Step to the left on left foot and begin a full rolling turn to the left traveling to the left; step on right foot and complete full to the left rolling turn

31&32           **BOTH:** Triple step in place (left, right, left)

**REPEAT**

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