You Ain't Goin' Nowhere



拍數: 64 牆數: 2 級數: Improver

編舞者: Karen Fishback (USA)

音樂: You Ain't Going Nowhere - Nitty Gritty Dirt Band



STAR STEP, (4 STEP-TOGETHER-STEPS WITH TURNS) MAKING A FULL TURN TO LEFT

1-4	Step to left with left, right beside left, step to side with left, turning ¼ to left, hold
5-8	Step right in front of left, left beside right, step to side with right tuning 1/4 to left, hold
1-4	Step left behind right, right beside left, step to side with left turning 1/4 to left, hold

8 Step right in front of left, left beside right, step to side with right turning ¼ to left, hold (you

should end facing front)

FORWARD STEP, TOGETHER, STEP, TAP, BACK STEP, TOGETHER, STEP, TAP

Step forward on left, step right beside left, step forward left, tap right toe behind

Step back on right, step left beside right, step back on right, tap left toe beside right

SIDE STEP, TOUCH, SIDE STEP, TOUCH, 4 STEP FULL TURN TO LEFT

1-4 Step to left with left, touch right next to left, step right with right, touch left next to right

5-8 Make a 4-step full turn to left

ROCK LEFT, HOLD, RECOVER, HOLD, VINE RIGHT (BEHIND, SIDE, FRONT), POINT

1-4 Rock left to left side, hold, rock back to right, hold

5-8 Cross left behind right, step right to right, cross left in front of right, point right to side

VINE LEFT, HOLD, FORWARD COASTER, HOLD

Step right behind left step to side with left, step right in front of left, hold
 Step forward with left, bring right beside left, step back on left, hold

BACK COASTER, HOLD, FORWARD LOCK STEP, HOLD

Step back on right, bring left beside right, step forward on right, hold
Step forward on left, step behind left with right, step forward on left, hold

FORWARD STEP, HOLD, 1/2 PIVOT, HOLD, "PRISSY" WALK FORWARD 3 STEPS, HOLD

1-4 Step forward on right, hold, pivot ½ to left shifting weight to left, hold

5-8 Walk forward 3 steps placing each foot in front of the other right, left, right, hold

REPEAT