You Ain't Down Home



拍數: 32 牆數: 4 級數: Improver west coast swing

編舞者: Kelli Haugen (NOR)

音樂: You Ain't Down Home - Julie Roberts



WALK, WALK, 1/8 TURN STEP, 1/8 TURN CROSS, HOLD, AND CROSS, TOUCH, BACK, SIDE, FRONT

1-2&3-4 Walk forward right, left, 1/8 turn left step right to right side, 1/8 turn left cross left over right,

hold

&5-6-7&8 Step right to right, cross left over right, touch right toe to right side, cross right behind left,

step left to left, cross right over left

LARGE SIDE STEP, HOLD, HOLD, AND CROSS, STEP, CROSS BACK, ¼ TURN STEP, TOGETHER, ¼ TURN STEP

1-2-3&4 Take a big step left on left letting right foot slide slightly towards left foot, hold, hold, step on

ball of right foot, cross left over right

5-6-7&8 Step right on right, cross left behind right, ¼ turn right on right, step left next to right, ¼ turn

right on right

BALL CHANGE, CROSS X3, ROCK, RECOVER

&1-2&3-4 Step left on ball of left foot, step right foot in place, cross left over right step right on ball of

right foot, step left foot in place, cross right over left

&5-6-7-8 Step left on ball of left foot, step right foot in place, cross left over right, rock forward on right,

recover back on left

LOCK BACK, RONDE, BALL CHANGE, STEP, STEP, ½ TURN

1&2-3-4 Step back on right, lock left in front of right, step back on right, ronde from front to back with

left foot (2 counts)

&5-6-7-8 Step on ball of left foot behind right foot, step slightly forward on right, step forward on left,

step forward on right, ½ turn left on left

REPEAT

TAG

Done once at the end of the 4th wall (facing front)(only with "You Ain't Down Home" BALL CHANGE, CROSS TWICE, BOX STEP

&1-2&3-4 Step right on ball of right foot, step left foot in place, cross right over left, step left on ball of

left foot, step right foot in place, cross left over right

5-6-7-8 Cross right over left, step back on left, step right to right, step forward on left