

You

拍數: 72 牆數: 2 級數: Intermediate waltz
編舞者: Carol Mckee (AUS)
音樂: (You Make Me Feel Like) A Natural Woman - Celine Dion



STEP, TOUCH, KICK, CROSS, BACK, SIDE

1-3 Step left diagonally forward left, touch right toe next to left, kick right forward
4-6 Cross right over left, step left back diagonally right (facing front), step right to right

STEP, TOUCH, KICK, BEHIND, SIDE, CROSS

7-9 Step left diagonally forward right, touch right toe next to left, kick right forward
10-12 Step right behind left, step left diagonally forward left (facing front), cross right over left

STEP, ROCK, ROCK, TURN, TURN, TURN

13-15 Step left to left, rock onto right lifting left heel, rock onto left lifting right heel
16-18 Step right ¼ right, turn ½ right & step back left, turn ¼ right & step right to right

CROSS, STEP, STEP, CROSS, TURN, TURN

19-21 Step left over right, step right to right, step left to left
22-24 Step right over left, turn ¼ right & step back left, turn ¼ right & step right to right

CROSS, STEP, STEP, CROSS, TURN, TURN

25-27 Step left over right, step right to right, step left to left
28-30 Step right over left, turn ¼ right & step back left, turn ¼ right & step right to right

STEP, TOUCH, HOLD, WALTZ BACK

31-33 Step forward left, touch right next to left, hold
34-36 Step back right, step left next to right, step right next to left

STEP, STEP PIVOT TURN, STEP, STEP, STEP PIVOT TURN, STEP

37-39 Step forward left, step forward right, pivot ½ left & step forward left
40-42 Step forward right, step forward left, pivot ½ right & step forward right

STEP, LOCK, STEP, STEP, LOCK, STEP

43-45 Step forward left, lock right behind left, step forward left
46-48 Step forward right, lock left behind right, step forward right

STEP, ROCK, ROCK, TURN, TURN, TURN

49-51 Step left to left, rock onto right lifting left heel, rock onto left lifting right heel
52-54 Step right ¼ right, turn ½ right & step back left, turn ¼ right & step right to right

CROSS, STEP, BEHIND, STEP, ROCK, ROCK

55-57 Step left over right, step right to right, step left behind right
58-60 Step right to right, rock onto left lifting right heel, rock onto right lifting left heel

TURN, TURN, TURN, STEP, PIVOT TURN, STEP

61-63 Step left ¼ left, turn ½ left & step back right, turn ¼ left & step left to left
64-66 Step forward right, pivot ½ left (keep weight left), step forward right

STEP, LOCK, STEP, STEP, LOCK, STEP

67-69 Step forward left, lock right behind left, step forward left
70-72 Step forward right, lock left behind right, step forward right

REPEAT

DANCE FINISH

Dance to count 63 (wall 5) then add

STEP, LOCK, STEP, SIDE STEP, DRAG

1-3 Step forward right, lock left behind right, step forward right

4-6 Step left to left, drag right next to left (over two counts)
