

You

拍數: 32 牆數: 4 級數: Improver
編舞者: Lynda Cunningham (UK) & Lynne Northorpe (UK)
音樂: You (Or Somebody Like You) - Keith Urban



SIDE ROCK, RECOVER, BEHIND $\frac{3}{4}$ UNWIND, SHUFFLE FORWARD, MAMBO FORWARD

- 1-2 Rock weight onto right foot, recover the weight onto the left foot
- 3-4 Touch right toe behind left foot, unwind a $\frac{3}{4}$ turn over right shoulder (weight transfers onto right)
- 5&6 Step left foot forward, step right foot beside left, step left foot forward
- 7&8 Rock weight forward on right foot, recover the weight onto the left, step right foot beside right

BACK LOCK BACK, BACK LOCK BACK, SWEEP $\frac{1}{4}$ TOUCH, BUMPS

- 1&2 Step left foot back, cross right foot over left, step left foot back
- 3&4 Step right foot back, cross left foot over right, step right foot back
- 5-6 Sweep left making a $\frac{1}{4}$ turn left, touch left beside right
- 7&8 Bump hips left, right, left

SIDE, BEHIND & CROSS, POINT, FRONT, SIDE, SAILOR $\frac{1}{2}$ CROSS

- 1-2& Step right foot to right side, step left foot behind right, step right foot to right side
- On wall 3, count 2 seems faster, but the count is the same**
- 3-4 Cross left foot over right foot, point right toe to right side
 - 5-6 Point right toe to the front, point right toe to the side
 - 7&8 Step right foot behind left, make a $\frac{1}{2}$ turn right stepping left foot to left side, cross right foot over left

HOLD, & CROSS, ROCK RECOVER $\frac{1}{2}$ TURN, SHUFFLE FORWARD, SIDE MAMBO

- 1&2 Hold, step left foot to left side, cross right foot over left
- 3&4 Rock weight forward on the left, recover the weight on the right, make a $\frac{1}{2}$ turn over the left shoulder
- 5&6 Step right foot forward, step left foot beside right, step forward on the right
- 7&8 Rock out onto the left, recover the weight on the right, step left foot to left side

REPEAT
