

You

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Glenys Dawson (UK) & Dennis Dryden (UK)
音樂: You - S Club 7



RIGHT ROCK FORWARD & BACK (HOLD), LEFT ROCK BACK & FORWARD (HOLD)

1-2 Step forward right, replace on to left
3-4 Step back right, hold
5-6 Step back left, replace on to right
7-8 Step forward left, hold

RIGHT MAMBO SIDE & CLOSE (HOLD), LEFT RONDE (MODIFIED SAILOR STEP) TURNING ¼ LEFT (HOLD)

1-2 Rock side right, replace on to left
3-4 Close right to left, hold
5-6 Ronde left around and behind right while turning ¼ left, side right
7-8 Forward left, hold

RIGHT JAZZ-BOX (FIRST 3 STEPS) (HOLD), TOUCH LEFT HEEL FORWARD, TOUCH LEFT TOE ACROSS RIGHT FOOT, STEP FORWARD LEFT, HOOK RIGHT ACROSS LEFT WHILE TURNING ½ RIGHT

1-2 Right across left, left back
3-4 Right side, hold
5-6 Touch left heel forward, touch left toe across right
7-8 Forward left, turn ½ right while hooking right over left

SHUFFLE FORWARD RIGHT-LEFT-RIGHT (HOLD), SPIN ¾ RIGHT (FORWARD, SIDE, LEFT ACROSS RIGHT), KEEPING WEIGHT ON LEFT, UNTWIST ½ RIGHT

1-2 Right forward close left to right
3-4 Right forward, hold
5-6 Forward left (turning ¼ right), side right (turning ½ right)
7-8 Left across right, untwist ½ right (keeping weight on left)

SIDE RIGHT, CROSS LEFT OVER RIGHT, SIDE RIGHT, TOUCH LEFT HEEL DIAGONALLY FORWARD/LEFT (WITH FINGER CLICKS), SIDE LEFT, CROSS RIGHT OVER LEFT, SIDE LEFT, TOUCH RIGHT HEEL DIAGONALLY FORWARD/RIGHT (WITH FINGER CLICKS)

1-2 Side right, cross left over right
3-4 Side right, touch left heel diagonally forward/left (click fingers)
5-6 Side left, cross right over left
7-8 Side left, touch right heel diagonally forward/right (click fingers)

CLOSE RIGHT TO LEFT, STEP LEFT ACROSS RIGHT, STEP SIDE RIGHT, (TOUCH LEFT HEEL DIAGONALLY FORWARD/LEFT (TWICE)), CLOSE LEFT TO RIGHT, STEP RIGHT ACROSS LEFT, STEP SIDE LEFT TURNING ¼ RIGHT, (TOUCH RIGHT HEEL FORWARD/RIGHT (TWICE))

&1-2 Close right to left, step left across right, step side right
3-4 Touch left heel diagonally forward/left (twice)
&5-6 Close left to right, step right across left, step side left turning ¼ right
7-8 Touch right heel forward/right (twice)

CLOSE RIGHT TO LEFT, FORWARD LEFT, REPLACE WEIGHT BACK ON TO RIGHT, TURNING ¼ LEFT (HOLD), ROCK HIPS RIGHT-LEFT-RIGHT, HITCH LEFT KNEE

&1-2 Close right to left, forward left, replace weight back on to right

- 3-4 Turning $\frac{1}{4}$ left step side left, hold
- 5-6 Rock hips right, rock hips left
- 7-8 Rock hips right, hitch left knee

LEFT TOUCH HITCH, TOUCH HITCH (PADDLE TURN $\frac{1}{2}$ RIGHT (TWICE)) (HOLD), LEFT ACROSS RIGHT, KICK RIGHT DIAGONALLY FORWARD TO RIGHT, STEP RIGHT BEHIND LEFT, TOUCH LEFT TOE DIAGONALLY BACK TO LEFT

- 1-2 Touch left toe, hitch left knee (turning $\frac{1}{2}$ right)
- 3-4 Touch left toe, hitch left knee (turning $\frac{1}{2}$ right)
- 5-6 Step left across right, kick right diagonally forward to right
- 7-8 Step right foot back/behind left, touch left toe diagonally back to left

WEAVE RIGHT, RIGHT HITCH, TOUCH HITCH, TOUCH HITCH(PADDLE TURN $\frac{1}{2}$ LEFT (TWICE))

- 1-2 Step left behind right, side right
- 3-4 Step left across right, hitch right knee
- 5-6 Touch right toe, hitch right knee (turning $\frac{1}{2}$ left)
- 7-8 Touch right toe, hitch right knee (turning $\frac{1}{2}$ left)

REPEAT
