Yoakum Strut

拍數: 64

級數: Intermediate

編舞者: Alex Trevino

音樂: Fast As You - Dwight Yoakam

VINE LEFT, CLAP, VINE RIGHT CLAP

- 1-4 Left to left side, right behind left, left to left side, right next to left & clap
- 5-8 Right to right side, left behind right, right to right side, left next to right & clap

TWO RIGHT KICK BALL CHANGES

- 9&10 Kick right foot forward, step right next to left, step left in place
- 11&12 Kick right foot forward, step right next to left, step left in place

FOUR FORWARD SHUFFLES STARTING WITH RIGHT FOOT

- 13&14 Shuffle forward right, left, right
- 15&16 Shuffle forward left, right, left
- 17&18 Shuffle forward right, left, right
- 19&20 Shuffle forward left, right, left

TWO RIGHT TOUCHES, TWO HIP SWINGS, TWO LEFT TOUCHES

- 21-22 Touch right heel forward diagonally, return to place
- 23-24 Touch right heel forward diagonally, return to place
- 25-26 Swing hips to left, return to center
- 27-28 Swing hips to left, return to center
- 29-30 Touch left heel forward diagonally, return to place
- 31-32 Touch left heel forward diagonally, return to place

TWO ALLEY STEPS LEFT

- 33 Step left foot to left side, pelvis back and fists forward, pelvic thrust forward and fists back 34 Pelvis back and fists forward, pelvic thrust forward and fists back
- 35-36 Right foot next to left, pelvis back fists forward, pelvic thrust forward, fists back and clap
- 37 Step left foot to left side, pelvis back and fists forward, pelvic thrust forward and fists back
- 38 Pelvis back and fists forward, pelvic thrust forward and fists back
- 39-40 Right foot next to left, pelvis back fists forward, pelvic thrust forward, fists back and clap

TWO ALLEY STEPS RIGHT

- Step right foot to right side, pelvis back and fists forward, pelvic thrust forward and fists back
 Pelvis back and fists forward, pelvic thrust forward and fists back
- 43-44 Left foot next to right, pelvis back fists forward, pelvic thrust forward, fists back and clap
- 45 Step right foot to right side, pelvis back and fists forward, pelvic thrust forward and fists back 46 Pelvis back and fists forward, pelvic thrust forward and fists back
- 47-48 Left foot next to right, pelvis back fists forward, pelvic thrust forward, fists back and clap

JUMP & TURN

- 49 Jump and land feet apart about shoulders' width
- 50 Jump and land with right foot crossed in front of left
- 51-52 Unwind feet slowly making ¹/₂ turn to left

EIGHT ANKLE ROLLS

- 53-54 Left knee in ankle roll, left knee out ankle roll
- 55-56 Left knee in ankle roll, left knee out ankle roll





牆數

牆數:2

- 57-58 Left knee in ankle roll, left knee out ankle roll
- 59-60 Left knee in ankle roll, left knee out ankle roll

TWO LEFT KNEE LIFTS

- 61-62 Lift left knee at a slight angle so it points in towards right knee, touch left to left side
- 63-64 Lift left knee at a slight angle so it points in towards right knee, touch left to left side

REPEAT