

Yoakum Strut

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Alex Trevino
音樂: Fast As You - Dwight Yoakam



VINE LEFT, CLAP, VINE RIGHT CLAP

1-4 Left to left side, right behind left, left to left side, right next to left & clap
5-8 Right to right side, left behind right, right to right side, left next to right & clap

TWO RIGHT KICK BALL CHANGES

9&10 Kick right foot forward, step right next to left, step left in place
11&12 Kick right foot forward, step right next to left, step left in place

FOUR FORWARD SHUFFLES STARTING WITH RIGHT FOOT

13&14 Shuffle forward right, left, right
15&16 Shuffle forward left, right, left
17&18 Shuffle forward right, left, right
19&20 Shuffle forward left, right, left

TWO RIGHT TOUCHES, TWO HIP SWINGS, TWO LEFT TOUCHES

21-22 Touch right heel forward diagonally, return to place
23-24 Touch right heel forward diagonally, return to place
25-26 Swing hips to left, return to center
27-28 Swing hips to left, return to center
29-30 Touch left heel forward diagonally, return to place
31-32 Touch left heel forward diagonally, return to place

TWO ALLEY STEPS LEFT

33 Step left foot to left side, pelvis back and fists forward, pelvic thrust forward and fists back
34 Pelvis back and fists forward, pelvic thrust forward and fists back
35-36 Right foot next to left, pelvis back fists forward, pelvic thrust forward, fists back and clap
37 Step left foot to left side, pelvis back and fists forward, pelvic thrust forward and fists back
38 Pelvis back and fists forward, pelvic thrust forward and fists back
39-40 Right foot next to left, pelvis back fists forward, pelvic thrust forward, fists back and clap

TWO ALLEY STEPS RIGHT

41 Step right foot to right side, pelvis back and fists forward, pelvic thrust forward and fists back
42 Pelvis back and fists forward, pelvic thrust forward and fists back
43-44 Left foot next to right, pelvis back fists forward, pelvic thrust forward, fists back and clap
45 Step right foot to right side, pelvis back and fists forward, pelvic thrust forward and fists back
46 Pelvis back and fists forward, pelvic thrust forward and fists back
47-48 Left foot next to right, pelvis back fists forward, pelvic thrust forward, fists back and clap

JUMP & TURN

49 Jump and land feet apart about shoulders' width
50 Jump and land with right foot crossed in front of left
51-52 Unwind feet slowly making ½ turn to left

EIGHT ANKLE ROLLS

53-54 Left knee in ankle roll, left knee out ankle roll
55-56 Left knee in ankle roll, left knee out ankle roll

57-58 Left knee in ankle roll, left knee out ankle roll
59-60 Left knee in ankle roll, left knee out ankle roll

TWO LEFT KNEE LIFTS

61-62 Lift left knee at a slight angle so it points in towards right knee, touch left to left side
63-64 Lift left knee at a slight angle so it points in towards right knee, touch left to left side

REPEAT
