

Yo Te Voy A Amar!

拍數: 100 牆數: 1 級數: Intermediate
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音樂: Yo Te Voy a Amar - *NSYNC



½ RIGHT COASTER TURN, ½ LEFT TURN, SWEEP, SAILOR CROSS, FIGURE 8 HIP ROLL

- 1&2 Step left back, execute ½ turn right as you step right beside left, step left forward
3& Execute ½ turn left and then step right back, sweep left from front to back
4&5 Cross left behind right, step right to right, cross left over right
6-8 Step right to right and then roll hips right, left, right in a figure 8 motion

RECOVER, ¾ LEFT FIGURE '4' HITCH TURN, SIDE SLIDE, ¾ RIGHT SAILOR TURN, BACK SLIDE, TOGETHER, TRAVELING FORWARD FULL TURN RIGHT

- & Recover weight onto left
9-10 Over 2 counts, hitch right behind left in a figure 4 and then execute ¾ turn left
11 Slide right to right taking a long step
12&13 Cross left behind right, execute ¼ turn right and then step right forward, execute another ½ turn right and then step left back
14-15 Slide right back, slide left close together to right
16&17 Step right forward, execute ½ turn right and then step left back, execute another ½ turn right and then step right forward

For better styling: lean body towards left, raising right arm and keeping left arm in front across as though you are holding a partner by the waist. Make this framework firm and graceful as you turn left in counts 9-10

½ RIGHT SWEEP TURN, TWINKLE PATTERN, TWINKLE PATTERN, TRAVELING RIGHT, FULL LEFT TURN, FORWARD, ½ LEFT HITCH TURN

- 18 Execute ½ turn right as you sweep left around (weight remains on right)
19&20 Cross left over right, step right to right, step left to left
21&22 Cross right over left, step left to left, step right to right
&23 Execute ½ turn left and then step left beside right, execute another ½ turn left and then step right to right
24& Step left forward, hitch right beside left and then execute ½ turn left

CROSS ROCK, RECOVER, TOGETHER, CROSS ROCK, RECOVER, TOGETHER, BACK TOUCH ½ RIGHT PIVOT TURN, HIP ROLL, FULL LEFT PIVOT TURN

- 25-26& Cross rock right over left, recover weight onto left, step right close together to left
27-28& Cross rock left over right, recover weight onto right, step left close together to right
29-31 Touch right toe back (with leg straighten), pivot ½ turn right (weight remains on left and pushing hips back, roll hips to the left with a graceful feel (weight remains on left)
32&33 Step right forward, pivot ½ turn left (weight ends on left), execute another ½ turn left and then step right back

BACK SLIDE, LOCK STEP, ½ LEFT TURN, ¼ LEFT TURNING CURVATURE LOCK STEPS, ¼ LEFT INTO SCISSOR CROSS, TRAVELING LEFT FULL TURN RIGHT

- 34-35 Slide left back, lock step right over left
36&37 Execute ½ turn left and then step left forward, lock step right behind left, execute another ¼ turn left and then step left forward
38&39 Execute ¼ turn left and then slide right to right, slide left beside right, cross right over left
40&41 Step left to left, execute ½ turn right and then step right to right, execute another ½ turn right and then step left to left

½ RIGHT INTO SIDE, ½ RIGHT TURN INTO SIDE ROCK, CROSS, SIDE HIP SWAYS BEHIND, SIDE HIP SWAYS, BEHIND

- 42&43 Execute ½ turn right and then step right to right, execute another ½ turn right and then rock left to left, recover weight onto right
- 44 Cross left over right
- 45-46& Step right to right and then sway hip to right, sway hip left cross right behind left
- 47-48& Step left to left and then sway hip left, sway hip right, cross left behind right

BACK HIP SWAY, FORWARD HIP SWAY, ½ LEFT TURN INTO TOGETHER, BACK HIP SWAY FORWARD HIP SWAY, ¼ RIGHT INTO TOGETHER, RUN BACK, HITCH, RUN FORWARD

- 49-50& Step right back and then sway hip back, sway hip forward, execute ½ turn left and then step right beside left
- 51-52& Step left back and then sway hip back, sway hip forward, execute ¼ turn right and then step left beside right
- 53&54 Run back gracefully on balls of feet stepping right, left, right
- 55 Hitch left beside right
- 56&57 Run forward gracefully on balls of feet stepping left, right, left

½ RIGHT HITCH TURN, RUN BACK, HITCH, RUN FORWARD, ¾ RIGHT HITCH TURN

- 58 Execute ½ turn right and then hitch right beside left
- 59&60 Run back gracefully on balls of feet stepping right, left, right
- 61 Hitch left beside right
- 62&63 Run forward gracefully on balls of feet, stepping left, right, left
- 64 Execute ¾ turn right and the hitch right beside left

SIDE SLIDE, BEHIND ROCK, RECOVER, SIDE SLIDE, BACK MAMBO, PIVOT ½ RIGHT TURN

- 65 Slide right to right taking a long step
- 66&67 Rock left behind right, recover weight onto right, slide left to left taking a long step
- 68&69 Rock right back, recover weight onto left, step right forward
- 70-71 Step left forward, pivot ½ turn right (weight ends on right)

DIAMOND PATTERN WITH ½ RIGHT SWEEP TURNS

- 72&73 Step left forward, cross right over left, execute 1/8 turn right and then slide left back
- 74 Execute ½ turn right as you sweep right around (weight remains on left)
- 75&76 Step right back, cross left over right, execute ¼ turn right and then slide right forward
- 77 Execute ½ turn right as you sweep left around (weight remains on right)
- 78&79 Step left forward, cross right over left, execute ¼ turn right and then slide left back
- 80 Execute ½ turn right as you sweep right around (weight remains on left)
- 81&82 Step right back, cross left over right, execute ¼ turn right and then slide right forward
- 83 Execute 3/8 turn right as you sweep left around (weight remains on right)

WEAVE, ½ LEFT UN-SYNCOPATED SAILOR TURN, ¼ LEFT UN-SYNCOPATED SAILOR TURN

- 84&85 Cross left over right, step right to right, step left behind right
- 86-88 Sweep right around from front to back and then step right behind left, execute ¼ turn left and then step left forward, execute another ¼ turn left and then slide right to right taking a long step
- 89-91 Sweep left around and then step left behind right, execute ¼ turn left and then step right to right, step left to left angling body towards left diagonal

SIDE LUNGE, TRAVELING LEFT FULL TURN LEFT, SIDE LUNGE, TRAVELING RIGHT FULL TURN RIGHT, DRAG AND TOUCH

- 92-93 Over 2 counts, slow lunge gracefully onto right towards right side as you gradually angle your body towards right diagonal
- 94&95 Recover weight onto left, execute ½ turn left and then step right to right, execute another ½ turn left and then step left to left angling body towards right diagonal
- 96-97 Over 2 counts, slow lunge gracefully onto left towards left side as you gradually angle your body towards left diagonal

98&99 Recover weight onto right, execute $\frac{1}{2}$ turn right and then step left to left, execute another $\frac{1}{2}$ turn right and then step right to right

100 Slowly drag left toes towards right and then touch it beside right

REPEAT
