

拍數: 132      牆數: 1      級數: Beginner  
 編舞者: Winnie Yu (CAN)  
 音樂: Y.M.C.A. - Village People



**Starting with feet shoulder width facing 1/4 left (9:00)**

**RIGHT HAND STRAIGHT OUT TO THE RIGHT SIDE WITH INDEX FINGER POINTING IN & OUT, CLAP HANDS, JUMP ½ TURN RIGHT**

1-7                Right hand straight out to the right side with index finger pointing in and out (keep arm straight at shoulder level)

**Option: bounce right feet along with music**

&8                Clap hands, clap hands and jump ½ turn right facing 3:00 (feet shoulder width apart)

**REPEAT COUNT 1-8 WITH LEFT HAND, JUMP ½ TURN LEFT**

9-15              Repeat count 1-7 with left hand

&16              Clap hands, clap hands and jump ½ turn left facing 9:00 (feet shoulder width apart)

**REPEAT COUNT 1-7, CLAP HANDS, JUMP ¼ TURN RIGHT**

17-23             Repeat count 1-7 with right hand

&24              Clap hands, clap hands and jump ¼ turn right facing 12:00

**RIGHT HAND STRAIGHT UP, LEFT HAND STRAIGHT UP, RIGHT HAND TOUCH LEFT SIDE WAIST, LEFT HAND TOUCH RIGHT SIDE WRIST, RIGHT HAND STRAIGHT DOWN, LEFT HAND STRAIGHT DOWN**

25-26             Right hand straight up, left hand straight up

**Option: right foot step forward when right arm straight up, left foot step forward when left arm straight up**

27-28             Right hand move to left waist, left hand move to right waist

29-30             Right arm straight down to right side of body, left hand straight down to left side of body

**REPEAT COUNT 1-30**

31-60             Repeat count 1-30

**½ TURN LEFT WITH RIGHT FOOT STOMPING 5X, STEP ½ RIGHT, HOLD BOTH ARMS ACROSS AT CHEST LEVEL, HOLD**

61-65             Making ½ turn left by stomping right foot 5 times facing 6:00

66                 Making ½ turn right step on right foot facing 12:00

67-68             Hold both arms across at chest level, hold

**MAKING A Y, M, C, A SIGN WITH BOTH HANDS, RIGHT HAND WITH INDEX FINGER POINT DOWN(3X)**

69-70             Making a "Y" sign with right & left hands, hold

71                 Making a "M" sign with right & left hands

72                 Making a "C" sign with right & left hands

73                 Making a "A" sign with right & left hands

74-76             Right hand with index finger point down 3 times

**Option: look down to the right side and bounce right foot 3 times at the same time**

**REPEAT COUNT 69-76**

77-84             Repeat count 69-76

**WALK FORWARD, LEFT FOOT KICK, WALK BACKWARD, RIGHT FOOT TOUCH**

85-88             Walk forward-right, left, right, kick left foot to the front

89-92             Walk backward-left, right, left, touch right foot to the right

**SIDE, TOGETHER, SIDE, TOUCH (RIGHT), SIDE, TOGETHER, SIDE, TOUCH (LEFT)**

93-96 Step right to right side, step left next to right, step right to right side, touch left next to right  
(with rolling hands)

**Option: triple steps full turn right (rolling vine), clap hands**

97-100 Step left to left side, step right next to left, step left to left side, touch right next to left (with  
rolling hands)

**Option: triple steps full turn left (rolling vine), clap hands**

**REPEAT COUNT 69 TO 100**

101-132 Repeat count 69-100

**REPEAT**

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