

Yi Fu Zhi Ming

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver mixed rhythm
編舞者: Chen Kuo-Wei (SG)
音樂: Yi Fu Zhi Ming (以父之名) - Jay Chou (周杰倫)



Translated means "by our father's name"

INTRO

Start after 4 counts

- 1-4 Cup your hands near your mouth as though calling out to someone faraway towards left diagonal in tandem with the "wailing" sound of the music (body inclined to same direction, weight on left foot)
- 5-8 Do a mirror image towards right diagonal
- 9-16 Repeat the above counts 1-8

THE MAIN DANCE

Quick transfer of weight onto left foot to start the dance

SIDE SHUFFLE, CROSS SHUFFLE, SIDE SHUFFLE, CROSS ROCK, RECOVER

- 1&2 Shuffle to right side; right, left, right
- 3&4 Cross left foot over right & shuffle; left, right, left
- 5&6 Shuffle to right side; right, left, right
- 7-8 Cross rock left foot over right foot, recover on right

SIDE SHUFFLE, CROSS SHUFFLE, SIDE SHUFFLE, CROSS ROCK, RECOVER (MIRROR ABOVE)

- 1&2 Shuffle to left side; left, right, left
- 3&4 Cross right foot over left; right, left, right
- 5&6 Shuffle to left side; left, right, left
- 7-8 Cross rock right foot over left, recover on left

SIDE SHUFFLE, TURN SHUFFLE, BACK SHUFFLE, ROCK BACK, RECOVER

- 1&2 Shuffle to right side; right, left, right
- 3&4 Make ½ right turn & shuffle; left, right, left (now facing back wall or 6:00)
- 5&6 Make a ¼ right turn & shuffle backwards; right, left, right (now facing 9:00)
- 7-8 Rock back on left, (for attitude, lean body backwards) recover on right

TOE STEPS, LUNGE STOMPS, LEFT JAZZ-BOX, LEFT ¼ TURN SCUFF(FACING BACK WALL)

- 1&2 Touch left toe to left diagonal twice, lunge body forward & stomp on left foot
- Arms: left hand placed on left knee, fingers facing inwards; right hand akimbo**
- 3&4 Do a mirror image of count 1-2 on the right
- 5-6 Cross step left foot over right, recover on right
- 7-8 Make ¼ turn left, step on left foot, scuff right foot forward

REPEAT

TAG

There is a period when the music suddenly goes slow after the 6th repetition. Try and recognize the music instead of counting the walls. You should be facing the original wall

- 1-4 Step out left foot to left diagonal at 10:00, hold for 3 counts (arms: stretch out left arm high with right arm close to chest & pointing to same direction)
- 5-8 Recover weight to right leg, hold for 3 counts (arms: retrieve both hands, bring close to chest)
- 9-16 Do a mirror image towards the opposite back diagonal facing 4:00
- 17-20 Step out right foot to right diagonal at 2:00, hold for 3 counts (arms: stretch out right arm high with left arm close to chest & pointing to same direction)

21-24 Recover weight to left leg, hold for 3 counts (arms: retrieve both hands close to chest)

25-32 Do a mirror image towards the opposite back diagonal facing 7:00

33-42 spread both arms high in the air & make a full turn left for 10 counts! (last count being a "touch" by the right foot so you can restart the dance, facing the front wall)

ENDING

You should end this dance facing 9:00 while executing the jazz box. Do not make the ¼ turn, please just scuff right, towards the front wall instead, at the same time turn your head to face the front, curtsy, right arm pointing down, left arm high & behind you.
