

Yes It Is!

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK)
音樂: It's Alright - Trisha Yearwood



Be sure to use the version of "It's Alright" that's on the Jasper County album.

RIGHT FORWARD ROCK & RECOVER, ½ RIGHT & 3 BRUSH STEPS, LEFT FORWARD SHUFFLE

- 1-4 Rock right forward, recover weight on left, turning ½ right step right forward, brush left forward
5-6 Cross brush left over right, brush left forward
7&8 Step left forward, step right together, step left forward

¼ LEFT PIVOT TURN, WEAVE LEFT 5, LEFT SIDE POINT

- 1-4 Step right forward, pivot ¼ left, cross step right over left, step left to side
5-8 Cross step right behind left, step left to side, cross step right over left, point left to side

LEFT CROSS STEP, ½ RIGHT MONTEREY TURN, WEAVE RIGHT 2, LEFT SAILOR STEP

- 1-4 Cross step left over right, point right to side, turning ½ right step right together, point left to side
5-6 Cross step left over right, step right to side
7&8 Cross step left behind right, step right to side, step left to side

RIGHT CROSS TOE STEP, ¼ RIGHT & LEFT BACK TOE STEP, ¼ RIGHT & RIGHT SIDE SHUFFLE, LEFT CROSS STEP, ¼ LEFT & RIGHT BACK

- 1-4 Cross touch right over left, step right heel down, turning ¼ right touch left back, step left heel down
5&6 Turning ¼ right step right to side, step left together, step right to side
7-8 Cross step left over right, turning ¼ left step right back

LEFT BACK, TOUCH RIGHT TOGETHER, RIGHT FORWARD, ½ RIGHT & LEFT BACK, RIGHT BACK, LEFT TOUCH TOGETHER, LEFT FORWARD SHUFFLE

- 1-4 Step left back, touch right together, step right forward (extended 5th position), turning ½ right step left back
5-6 Step right back, touch left together
7&8 Step left forward, step right together, step left forward

RIGHT CROSS STEP, LEFT SIDE POINT, LEFT CROSS STEP, RIGHT BACK, LEFT BACK LOCK STEP TURNING ¼ RIGHT, RIGHT TO SIDE

- 1-4 Cross step right over left, point left to side, cross step left over right, step right back
5-8 Step left back, cross step right over left, step left back starting to turn ¼ right, finish ¼ turn stepping right to side

LEFT CROSS ROCK & RECOVER, ¼ LEFT & LEFT FORWARD SHUFFLE, ½ LEFT PIVOT TURN, ¼ LEFT PIVOT TURN

- 1-2 Cross rock left over right, recover weight on right
3&4 Turning ¼ left step left forward, step right together, step left forward
5-8 Step right forward, pivot ½ left, step right forward, pivot ¼ left

RIGHT CROSS ROCK & RECOVER, RIGHT & LEFT STEP TOUCHES, RIGHT ROCK BACK & RECOVER

- 1-4 Cross rock right over left, recover weight on left, step right to side, touch left together
5-8 Step left to side, touch right together, rock right back, recover weight on left

REPEAT
