

Yeh! Yeh! Yeh!

拍數: 0 牆數: 0 級數:
編舞者: Karen Dower (UK)
音樂: Yeh, Yeh, Yeh - Melanie C



Sequence: ABC, ABC, ABCC

SECTION A

TOE/HEEL STRUT, TOE/HEEL STRUT, SHUFFLE, ROCK, REPLACE

- 1-2 Right step to right side (on toes of foot only), lower heel to floor
- 3-4 Step left across right (on toes of foot only), lower heel to floor
- 5&6 Shuffle right, left, right
- 7-8 Rock back on left foot, replace weight to right foot

TOE/HEEL STRUT, TOE/HEEL STRUT, SHUFFLE, ROCK, REPLACE

- 9-10 Left step to left side (on toes of foot only), lower heel to floor
- 11-12 Step right across left (on toes of foot only), lower heel to floor
- 13&14 Shuffle left, right, left
- 15-16 Rock back on right foot, replace weight to left foot

JAZZ BOX TURN ¼ RIGHT, 2 SAILOR SHUFFLES

- 17-18 Cross right foot over left, step back left
- 19-20 Step right ¼ turn right stepping to right side, close left to right
- 21&22 Cross right behind left, step left to left side, step right in place
- 23&24 Cross left behind right, step right to right side, step left in place
- 25-32 Repeat counts 17-24 to face the back wall

- 33-64 Repeat the above 1-32 counts again to complete Section A

SECTION B

FORWARD TOUCH, STEP BACK TOUCH, FLICK BALL CHANGE TWICE

- 1-2 Step forward right, touch left foot to right (optional clap)
- 3-4 Step back left, touch right foot to left (optional clap)
- 5&6 Right flick, ball change
- 7&8 Right flick, ball change

ROLLING GRAPEVINE WITH A TOUCH, ROLLING GRAPEVINE WITH A TOUCH

- 9-10 Step ¼ right, on ball of right foot pivot ½ turn right stepping back left
- 11-12 On ball of left foot ¼ pivot turn right stepping right to right side, touch left foot to right
- 13-14 Step left ¼ turn left, on ball of left foot pivot ½ turn left stepping back right
- 15-16 On ball of right foot ¼ pivot turn left stepping left to left side, touch right foot to left

WALK FORWARD RIGHT, LEFT, FORWARD RIGHT COASTER STEP, WALK BACK LEFT, RIGHT, BACK LEFT COASTER STEP

- 17-18 Walk forward right, left
- 19&20 Step forward right, step left next to right, step back on right
- 21-22 Walk back left, right
- 23&24 Step back left, step right next to left, step forward on left

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT

- 25&26 Shuffle right, left, right
- 27&28 Shuffle left, right, left

STEP FORWARD RIGHT ¼ PIVOT TURN LEFT, STEP FORWARD RIGHT ¼ PIVOT TURN LEFT

29-30 Step forward right foot, pivot ¼ left ending with weight on left foot

31-32 Step forward right foot, pivot ¼ left ending with weight on left foot

33-64 Repeat the above 1-32 counts again to complete Section B

SECTION C

MONTEREY TURN, RIGHT SIDE BEHIND & HEEL BALL CROSS

1-2 Touch right foot to right side, close right foot to left foot making ½ turn right

3-4 Touch left foot to left side, close left foot to right foot

5-6 Step right to right side. Cross left behind right

&7 Step slightly back on right, tap left heel diagonally forward

&8 Step ball of left beside right. Cross right over left

LEFT SIDE BEHIND & HEEL BALL CROSS, MONTEREY TURN

9-10 Step left to left side, cross right behind left

&11 Step slightly back on left, tap right heel diagonally forward

&12 Step ball of right beside left, cross left over right

13-14 Touch right foot to side, close right foot to left foot making ½ turn right

15-16 Touch left foot to left side, close left foot to right foot

RIGHT SIDE SHUFFLE, ROCK REPLACE, LEFT FLICK-BALL CHANGE TWICE

17&18 Shuffle right, left, right

19-20 Rock back on left foot, replace weight to right foot

21&22 Left flick, ball change

23&24 Left flick, ball change

LEFT GRAPEVINE WITH A TOUCH, SYNCOPATED OUTS & INS

25-26 Step left to left side, cross right behind left

27-28 Step left to left side, touch right beside left

&29 Step out on left, step out on right

&30 Step in on left, step in on right

&31 Step out on left, step out on right

&32 Step in on left, touch right beside left

Rolling grapevine can be changed to just a grapevine for those who don't like turns
