

The Yearling

拍數: 52 牆數: 0 級數:
編舞者: Charlie Spring
音樂: Lost and Found - Brooks & Dunn



- 1 Pivot right heel "in" $\frac{1}{4}$ turn to left toe (i.e., Fan heel "in" same motion as a toe fan, right foot is now perpendicular to left foot at toe,)
- 2 Pivot right heel back in place
- 3 Pivot left heel "in" $\frac{1}{4}$ turn to right toe (i.e., Fan heel "in" same motion as a toe fan. Left foot is now perpendicular to right foot at toe).
- 4 Pivot right heel back in place
- 5 Pivot right heel "in" $\frac{1}{4}$ turn to left toe (i.e., Fan heel "in" same motion as a toe fan. Right foot is now perpendicular to left foot at toe.)
- 6 Pivot right heel back in place
- 7 Pivot left heel "in" $\frac{1}{4}$ turn to right toe (i.e., Fan heel "in" same motion as a toe fan. Left foot is now perpendicular to right foot at toe).
- 8 Pivot right heel back in place,

RIGHT VINE/LEFT TOE TOUCH

- 9 Step to right side with right foot
- 10 Cross left foot behind right foot
- 11 Step to right side with right foot
- 12 Touch left toe at right instep

CHARLESTON STEPS

- 13 Step forward on left foot
- 14 Kick forward with right foot
- 15 Step back slightly on right foot
- 16 Touch left toe at right instep
- 17 Step forward on left foot
- 18 Kick forward with right foot
- 19 Step back slightly on right foot
- 20 Touch left toe at right instep

LEFT VINE/RIGHT TOE TOUCH

- 21 Step to left side with left foot
- 22 Cross right foot behind left foot
- 23 Step to left side with left foot
- 24 Touch right toe at left instep
- 25 Step forward on right foot
- 26 Pivot on balls of both feet $\frac{1}{4}$ to left

RIGHT KICK/BALL CHANGE

- 27 Kick right foot forward
- & Step slightly back on right ball of foot while taking weight off left foot (done all at the same time, equaling $\frac{1}{2}$ count "&")
- 28 Step back in place with left foot (changing weight back on left foot)
- 29 Step forward on right foot
- 30 Pivot on balls of both feet $\frac{1}{4}$ to left

RIGHT KICK/BALL/CHANGE

- 31 Kick right foot forward

& Step slightly back on right ball of foot while taking weight off left foot (done all at the same time, equaling ½ count "&")

32 Step back in place with left foot (changing weight back on left foot)

For count 32, align your left foot alongside your right foot to easily execute the following heel swivels!

TWO LEFT HEEL SWIVELS

33 Pivot on the balls of both feet, moving your heels to the left

34 Pivot heels back in place

35 Pivot on the balls of both feet, moving your heels to the left

36 Pivot heels back in place

LEFT VINE/RIGHT TOE TOUCH

37 Step to left side with left foot

38 Cross right foot behind left foot

39 Step to left side with left foot

40 Touch right toe at left instep

TWO ROCK STEPS

41 Rock forward on right foot

42 Step in place with left foot

43 Rock back on right foot

44 Step in place with left foot

RIGHT VINE/LEFT TOE TOUCH

45 Step to right side with right foot

46 Cross left foot behind right foot

47 Step to right side with right foot

48 Touch left toe at right instep

49 Touch left toe back

50 Touch left toe out to left side

51 Turning ¼ to your right as you bring your left leg into a knee hug

52 Step on left foot, placing your weight onto your left as you step. (both feet should be shoulder width apart so you can easily begin the dance again!)

REPEAT
