

The Ya Ya (Phrased)

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 0 級數:
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音樂: Ya Ya - Lee Dorsey



Sequence: A-B-A-C-B-A-B

PART A

ELVIS KNEE ROLLS

- 1-2 Right foot feet shoulder-width apart. Weight on right ball, circle-movement with right knee beginning inward (knee-roll), right hip follows the movement, after circle drop heel to take weight.
- 3-4 Left foot weight on left ball, knee-roll left with left hip-roll, drop heel to take weight
- 5-8 Repeat 1-4

Style option: while doing Elvis knees, put right hand (palm in) with open fingers (jazz hands) on lower belly, left hand (palm in) on neck, elbows outward

TOE STRUTS TURN

- 1-2 Right foot touch right toe right back; drop heel to take weight during turning $\frac{1}{4}$ right (facing 3:00)
- 3-4 Left foot touch left toe in front of right foot; drop heel to take weight during turning $\frac{1}{4}$ right (6:00)
- 5-6 Right foot touch right toe in front of left foot; drop heel to take weight during turning $\frac{1}{4}$ right (9:00)
- 7-8 Left foot touch left toe in front of right foot; drop heel to take weight during turning $\frac{1}{4}$ right (12:00)

MODIFIED ROGER RABBIT

- 1 Right foot kick right back
- & Hook right behind left foot while left foot scoots backward (towards 6:00)
- 2 Right foot step on right to take weight
- 3&4 Left foot kick left back; hook left behind right while right foot scoots back; put weight on left
- 5-8 Repeat 1-4

Style option: lean torso sideward on the "&'s". Right hook (and left scoot) lean left; left hook, lean right

STEPS DIAGONALLY (ZIGZAG), BRUSH

- 1 Right foot step forward with a $\frac{1}{8}$ turn right (1:30)
- 2 Left foot brush left foot forward near right (1:30)
- 3 Left foot step $\frac{1}{4}$ turn left (10:30)
- 4 Right foot brush right foot (10:30)
- 5 Right foot step $\frac{1}{4}$ turn right (1:30)
- 6 Left foot brush left foot (1:30)
- 7-8 Repeat 3-4

TOES STRUTS DIAGONALLY WITH FINGER SNIPS

- 1 Right foot small step forward on right ball (12:00), weight remains on left; both arms shoulder-high(hands show toward ceiling)
- 2 Right foot drop right heel to take weight and snip fingers
- 3 Left foot cross left over right on left ball, arms behind hips (hands show toward floor)
- 4 Left foot drop left heel to take weight and snip fingers
- 5-8 Repeat 1-4

Style note: toes show to 12:00 but the movement goes diagonally to 1:30

Style option: lean torso left on counts 3,4, 7 and 8 (left struts)

ROCK RIGHT, ¾ TRIPLE TURN RIGHT, ¼ TURN LEFT, SHIMMY

- 1-2 Rock forward on right, rock back on left (12:00)
- 3&4 Triple step (right-left-right) with a ¾ turn over right (9:00)
- 5-6 Rock forward on left, rock back on right (9:00)
- 7-8 Left foot step left foot with ¼ turn left (6:00); hold and shimmy shoulders (feet are now shoulder-width apart)

PART B

TOE SWIVELS WITH ¼ TURNS LEFT

- 1 Swivel toes to the right (weight on right and left ball) (6:00)
- 2 Swivel toes to the left (6:00)
- 3 Step right toe in front of left (6:00) while swiveling toes to the right
- 4 Swivel toes to the left, while turning ¼ to left (3:00)
- 5 Step right toe in front of left (3:00) while swiveling toes to the right
- 6 Swivel toes to the left, while turning ¼ to left (12:00)
- 7 Step right toe in front of left (12:00) while swiveling toes to the right
- 8 Swivel toes to center, while turning ¼ to left (now facing 9:00)

Style option: open lower arms outward (waist-high), fingers open (jazz hand) and shake hands

WALK, POINT, CROSS

- 1 Right foot step right forward (9:00)
- 2 Left foot point left toe to left side, left leg is stretched
- 3 Left foot cross left foot over right foot
- 4 Right foot point right toe to right
- 5 Right foot cross right over left
- 6 Left foot point left
- 7 Left foot cross left over right
- 8 Right foot point right to right side

Style option: lean torso sideward, lean right by left point, left by right point etc.

ROCK RIGHT, ¾ TRIPLE TURN RIGHT, ROCK LEFT, ½ TRIPLE TURN LEFT

- 1-2 Rock forward on right, rock back on left (9:00)
- 3&4 Triple step (right-left-right) with a ¾ turn right (6:00)
- 5-6 Rock forward on left, rock back on right (6:00)
- 7&8 Triple step (left-right-left) with a ½ turn left (12:00)

TRIPLE STEPS

- 1&2 Triple step (right-left-right) (12:00)
- 3&4 Triple step (left-right-left)
- 5&6 Triple step (right-left-right)
- 7&8 Triple step (left-right-left)

Style note: the triple steps are done on balls of feet

Style option: both arms up, shake hands like drying nails (for girls)

Hitch-hiking for boys: by right triple steps, turn head to the right and hold your right thumb to the right side like a hitch-hiker, left triple steps all to the left

¼ TURNING SAILORS, FLICK, HIP BUMPS

- 1 Right foot cross right behind left and turn ¼ to right (3:00)
- & Left foot step left to left
- 2 Right foot step right in place
- 3 Flick left behind right while bumping right hip to right
- 4 Left foot step on left to take weight and bump left hip to left
- 5-8 Repeat 1-4 (ending at 6:00)

Style option: on counts 3 and 7 (flick) brush hair or snip fingers with right hand

SWIVEL & SUGARFOOT, OUT-OUT

- 1 With weight on whole left foot travel right: swivel left heel in and touch right toe near left foot (heel out)
- 2 Swivel left heel out, touch right heel near left foot (toes out)
- 3-6 Repeat 1-2 two times
- 7-8 Small step right foot to right; small step left foot to left

Style option: on counts 7 and 8: combine out-out with a knee-roll right and left

PART C

CROSS ROCK, ¼ TURN, ½ TURNS, CROSSING SHUFFLE WITH ¼ TURN

- 1-2 Cross right foot over left, rock back on left (12:00)
- &3&4 ¼ turn right on "&" (3:00), shuffle right (right-left-right)
- 5 ½ turn on both balls to the left (9:00), weight on left
- 6 ½ turn right on both balls (3:00), weight on right
- 7&8 Cross left foot over right foot with ¼ turn right (facing 6:00), step right foot near behind left, small step left foot to right (still crossed over right)

SYNCOPATED, MODIFIED WOOLY BULLY

- 1 Right foot hitch right knee (6:00) near left
- & Right foot cross right ankle in front of left shin
- 2 Left foot ¼ turn left on left (3:00) while bringing right foot back beside left knee (right foot remains raised with knee bent)
- 3 Right foot step back on right foot
- & Scoot forward with right foot, hitch left
- 4 Left foot step on left to take weight
- 5 Repeat 1-4 (now facing 12:00)

SWIVEL WALK, ROLLING GRAPEVINE WITH ¼ TURN

- 1 Right foot step forward on right ball, both toes swivel to right (1:30)
- 2 Left foot step forward on left ball (on height of right foot), toes swivel to left (10:30)
- 3-4 Repeat 1-2
- 5-8 Step ¼ turn to right on right foot (3:00); full turn on left ball (3:00); step right foot forward; step left foot near right foot

Style option: swivel walk: bend knees like going downstairs

KICK-KICK, ½ TURN RIGHT, KICK-KICK, ½ TURN LEFT

- 1 Right foot kick right foot to left (1:30)
- 2 Right foot kick right foot to the right
- 3&4 Cross right behind left turning ¼ to right, step left turning ¼ right, step right forward (9:00)
- 5 Left foot kick left foot to right (10:30)
- 6 Left foot kick left foot to left side
- 7&8 Cross left behind right turning ¼ to the left (6:00), step right turning ¼ left, step left forward (3:00)

KICK-BALL-CHANGE, KICK, SCOOT, ½ TURN, KICK, SCOOT

- 1&2 Right foot kick right forward (3:00) step right back, step left in place
- 3 Right foot kick right foot forward
- & Scoot left back and kick right back
- 4 Right foot step right to take weight
- 5 Left foot step back on left turning ½ to left (9:00)
- 6 Right foot step forward on right
- 7 Left foot kick left foot forward
- & Scoot right back and kick left back
- 8 Left foot step left to take weight

Style option: lean torso forward on the "&'s" (scoot and kick back)

STEP & SHIMMY, SIDE ROCK LEFT, FULL TURN, HIP ROLL

- 1-2 Right foot step right foot with a $\frac{1}{4}$ turn right (12:00); hold and shimmy shoulders (weight is on right foot)
- 3-4 Rock left to left, rock back on right
- 5-6 Full turn on right ball (12:00); step on left to take weight (feet shoulder-width apart)
- 7-8 Hip roll right (lift right heel during hip-roll, weight remains left)

Style option: while doing full turn and hip roll put your hand in your neck (palms in), elbows outward
