Ya Wanna



拍數: 32 牆數: 4 級數: Intermediate mixed rhythm

編舞者: Candy Buker

音樂: Sunshine - Gareth Gates



This dance was choreographed to "Hot Mama", but we prefer dancing it to "Sunshine".

SKATE, SKATE, SHUFFLE STEP, ROCK, STEP, FULL TURN LEFT, RIGHT, LEFT

1-2	Skate forward at 45 degree right on right, skate forward at 45 degree left on left

3-4 Step forward on right at 45 degree, step left next to right, step forward on right at 45 degree

5-6 Rock forward on left, recover on right 7&8 Full turn to left stepping left, right, left

&, CROSS, SIDE, ROCK, CROSS, SHUFFLE LEFT, SAILOR STEP, FORWARD

&1	Step in place on	right, cross ste	ep left over right
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2&3 Rock to right on right, recover on left, cross step right over left

4&5 Step left to left, step right next to left, step left to left

6&7 Step right behind left, recover on left, step right to right and slightly forward

8 Step forward on left

STEP, TURN, &, FORWARD, HOLD, &, BACK, HOLD, CIRCLE HIPS RIGHT, LEFT

1-2 Step forward on right, turn ½ turn left ending with weight on left

Step forward on right, step left next to right, hold Step back on right, step left next to right, hold

7&8 Circle hips right to left

SIDE, ROCK, CROSS, AND, CROSS, TURN, TURN, STEP, TURN, STEP

1-2 Rock right to right, recover on left

Cross step right over left, step left to left, cross step right over left 5-6

Step left to left turning ½ right, step back on right turning ½ right

7&8 Step forward on left, turning ½ right step forward on right, step forward on left

REPEAT

TAG

When using One Hot Mamma by Trace Adkins there is a 4 count tag, done only once at the end of the 7th wall

1-2 Rock forward on right, recover on left3-4 Rock back on right, recover on left