

The "Y" Slide

拍數: 46 牆數: 2 級數: Improver
編舞者: Dave Rusch (USA)
音樂: Y.M.C.A. - Village People



- 1-2 Step right foot to the side; slide left foot together
3-4 Step right foot to the side; touch left toe together & clap
5-6 Step left foot to the side; slide right foot together.
7-8 Step left foot to the side; touch right toe together & clap
- 9-10 Touch right heel forward; touch right toe together
11-12 Step forward onto right making a ¼ turn right; hitch left knee forward & clap
13-14 Touch left heel forward; touch left toe together
15-16 Step forward onto left making a ¼ turn right; hitch right knee forward & clap
- 17-18 Step right foot to the side; cross left foot behind right
19-20 Step right foot to the side; scuff left foot forward & clap
21-22 Step left foot to the side; cross right foot behind left
23-24 Step left foot to the side; scuff right foot forward & clap
- 25-26 Touch right heel forward; touch right toe together
27-28 Touch right toe to the side; stomp right foot together & clap
29-30 Touch left heel forward; touch left toe together
31-32 Touch left toe to the side; stomp left foot together & clap
- 33-34 Bump hip forward to the right twice
35-36 Bump hip back to the left twice
37-38 Bump hip forward once; bump hip back once
39&40 Right shuffle forward
- 41&42 Left shuffle forward
43&44 Right shuffle backward
45&46 Left shuffle backward

REPEAT
