

Xtra Time

COPPER KNOB
STEPPERS

拍數: 40 牆數: 4 級數: Improver
編舞者: Jenna Barber (UK)
音樂: Matter Of Time - The James Twins



TOE STRUTS

- 1-2 Step forward on right toe, drop right heel & click fingers
- 3-4 Step forward on left toe, drop left heel & click fingers
- 5-6 Step back on right toe, drop right heel & click fingers
- 7-8 Step back on left toe, drop left heel & click fingers

KICK, TOGETHER, KICK, CROSS, TOE SWEEP, STOMPS

- 9-10 Kick right foot forward, touch right next to left
- 11-12 Kick right foot forward, cross right over left
- 13-14 Sweep right toe in semicircle (alternative: unwind full turn to left)
- 15-16 Stomp right in place, stomp left in place

CHARLESTON (¼ TURN), GRAPEVINE

- 17-18 Step forward on right, kick left foot forward
- 19-20 Step back on left making ¼ turn left, touch right next to left
- 21-22 Step right to right, step left behind right
- 23-24 Step right to right, touch left next to right

LEFT SHIMMY (½ TURN), RIGHT SHIMMY

- 25-26 Step left to left & begin shimmy, shimmy shoulders
- 27-28 Make ½ turn to left bringing right together, clap
- 29-30 Step right to right & begin shimmy, shimmy shoulders
- 31-32 Bring left next to right, clap

BEHIND, SIDE, IN FRONT, SIDE, STEP, SLIDE

- 33-34 Step left behind right, step right next to left
- 35-36 Step left in front of right, step right next to left
- 37 Take a large step to left with left
- 38-39 Slide right to meet left
- 40 Clap

REPEAT
