

XLR8

拍數: 64 牆數: 4 級數:
編舞者: Peter Metelnick (UK)
音樂: Rough Around the Edges - Travis Tritt



VINE RIGHT, STEP TOUCH LEFT, ½ RIGHT MONTEREY TURN

- 1-4 Step right foot to right side, cross step left foot behind right, step right foot to right side, touch left foot together
- 5-6 Step left foot to left, touch right foot together & clap
- 7-8 Touch right toes to right side, pivot ½ right on left foot and step right foot together (now facing back wall)

VINE LEFT, DWIGHT SWIVEL RIGHT 5

- 1-4 Step left foot to left side, cross step right foot behind left, step left foot to left side, swivel left heel right & touch right toes in
- 5-8 Swivel left toes right & touch right heel in, swivel left heel right & touch right toes in, swivel left toes right & touch right heel in, swivel left heel right & touch right toes in

VINE RIGHT 2, ¼ RIGHT & FORWARD, LEFT HITCH, LEFT FORWARD, RIGHT TOGETHER, LEFT FORWARD, RIGHT HITCH WITH ½ LEFT TURN

- 1-4 Step right foot to right side, cross step left foot behind right, step right foot to right turning ¼ right, hitch left knee up (now facing left side wall)
- 5-8 Step left foot forward, step right foot together, step left foot forward, hitch right knee up & pivot ½ left on left foot (now facing right side wall)

STOMP FAN CLAP (REV IT UP)

- 1-4 Stomp right foot forward, fan right toes to right side, fan right toes together, hold & clap
- 5-8 Stomp left foot forward, fan left toes to left side, fan left toes together, hold & clap

HEELS FORWARD, STEP BACK (XLR8)

- 1-4 Step right heel forward, step left heel together, step right foot slightly back, step left foot together
- 5-8 Repeat 1-4

CHAOS!

Begin facing 3:00.

- 1 Cross step right foot over left (almost as if starting to do a jazz box)
- 2 Step left foot back and to the left side (turning body slightly to the right diagonal)
- 3 Step right foot right & slightly back (body still turned to right diagonal)
- 4 Cross step left foot over right (as if starting a jazz box)
- 5 Step right foot forward to right side (turning body back to center. Feet are now parallel and you are facing 3:00 again)
- 6 Step left foot in place (starting to turn body to left diagonal. You might want to prep left)
- 7 Pivot ½ left on left foot and step right foot to right side (now facing left side wall (9:00) with feet parallel)
- 8 Step left foot in place

VINE RIGHT 3, LEFT CROSS STEP, RIGHT SCISSORS

- 1-4 Step right foot to right side, cross step left foot behind right, step right foot to right side, cross step left foot over right
- 5-8 Step right foot to right side, step left foot together, cross step right foot over left, hold

VINE LEFT 3, RIGHT CROSS STEP, LEFT SCISSORS

1-4 Step left foot to left side, cross step right foot behind left, step left foot to left side, cross step right foot over left

5-8 Step left foot to left side, step right foot together, cross step left foot over right, hold

REPEAT
