

Xanadu

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 2 級數:
編舞者: Glennice Cromar (UK)
音樂: Xanadu - Olivia Newton-John



SHUFFLES FORWARD, MONTEREY TURN

1&2 Step forward right, step left beside right, step forward right
3&4 Step forward left, step right beside left, step forward left
5 Touch right toe to right side (weight remains on left)
6 Turn ½ turn to the right and step right foot next to left foot
7-8 Touch left toe to left side, step left foot next to right foot

SIDE SHUFFLES & ROCKS

9&10 Step right to right side, close left to right, step right to right side
11-12 Rock back on left foot, rock forward on right foot
13&14 Step left to left side, close right to left, step left to left side
15-16 Rock back on right foot, rock forward on left foot

SHUFFLES FORWARD, CROSS ROCK, 1 ½ ROLLING TURN TRAVELING BACKWARDS, TOUCH

17&18 Step forward right, close left to right, step forward right
19&20 Step forward, left, close right to left, step forward left
21&22 Step forward right, close left to right, step forward right
23&24 Cross left foot over right rocking onto left, rock back on right foot
25-28 Step ½ turn left on left foot, pivot ½ turn left on ball of left foot stepping back on right foot, pivot ½ turn left on ball of right foot stepping onto left foot, touch right toe next to left foot

HEEL TAPS RIGHT & LEFT, SWITCHES, CLAP

29-30 Tap right heel forward twice
& Step right foot in place next to left foot
31-32 Tap left heel forward twice
&33 Bring left foot back in place, right, heel forward
&34 Bring right foot back in place, left heel forward
&35 Bring left foot back in place, right heel forward
36 Hold & clap

HIP BUMPS & HIP ROLLS, PADDLE TURNS TWICE

37-40 Stepping down on right foot, bump hips forward twice, bump hips back twice
41-42 Roll hips to the left over a count of 2
43-44 Repeat counts 41-42
45-46 Touch right toe forward, turn ¼ turn to the left
47-48 Touch right toe forward, turn ¼ turn to the left

SHUFFLE FORWARD, ROCK FORWARD, BACK, SHUFFLE BACK, ROCK BACK, FORWARD

49&50 Step forward on right, close left to right, step forward right
51-52 Rock forward on left, rock back on right
53&54 Step back on left, close right to left, step back on left
55-56 Rock back on right, rock forward on left

TOUCH, CROSS, UNWIND, CLAP, TWICE

57-60 Touch right toe to right side, cross right foot over left foot, unwind ½ turn to left(keep weight on left foot),clap for 1 beat

61-64 Repeat counts 57-60

REPEAT

Option:

Counts 57-60 & 61-64 may be danced as jump, cross, unwind, clap

57-60 Jump landing feet apart, jump crossing right foot over left, unwind $\frac{1}{2}$ turn to the left, clap

61-64 Repeat counts 57-60
