

# Xanadu

拍數: 64      牆數: 2      級數:  
編舞者: Glennice Cromar (UK)  
音樂: Xanadu - Olivia Newton-John



## SHUFFLES FORWARD, MONTEREY TURN

1&2      Step forward right, step left beside right, step forward right  
3&4      Step forward left, step right beside left, step forward left  
5      Touch right toe to right side (weight remains on left)  
6      Turn ½ turn to the right and step right foot next to left foot  
7-8      Touch left toe to left side, step left foot next to right foot

## SIDE SHUFFLES & ROCKS

9&10      Step right to right side, close left to right, step right to right side  
11-12      Rock back on left foot, rock forward on right foot  
13&14      Step left to left side, close right to left, step left to left side  
15-16      Rock back on right foot, rock forward on left foot

## SHUFFLES FORWARD, CROSS ROCK, 1 ½ ROLLING TURN TRAVELING BACKWARDS, TOUCH

17&18      Step forward right, close left to right, step forward right  
19&20      Step forward, left, close right to left, step forward left  
21&22      Step forward right, close left to right, step forward right  
23&24      Cross left foot over right rocking onto left, rock back on right foot  
25-28      Step ½ turn left on left foot, pivot ½ turn left on ball of left foot stepping back on right foot, pivot ½ turn left on ball of right foot stepping onto left foot, touch right toe next to left foot

## HEEL TAPS RIGHT & LEFT, SWITCHES, CLAP

29-30      Tap right heel forward twice  
&      Step right foot in place next to left foot  
31-32      Tap left heel forward twice  
&33      Bring left foot back in place, right, heel forward  
&34      Bring right foot back in place, left heel forward  
&35      Bring left foot back in place, right heel forward  
36      Hold & clap

## HIP BUMPS & HIP ROLLS, PADDLE TURNS TWICE

37-40      Stepping down on right foot, bump hips forward twice, bump hips back twice  
41-42      Roll hips to the left over a count of 2  
43-44      Repeat counts 41-42  
45-46      Touch right toe forward, turn ¼ turn to the left  
47-48      Touch right toe forward, turn ¼ turn to the left

## SHUFFLE FORWARD, ROCK FORWARD, BACK, SHUFFLE BACK, ROCK BACK, FORWARD

49&50      Step forward on right, close left to right, step forward right  
51-52      Rock forward on left, rock back on right  
53&54      Step back on left, close right to left, step back on left  
55-56      Rock back on right, rock forward on left

## TOUCH, CROSS, UNWIND, CLAP, TWICE

57-60      Touch right toe to right side, cross right foot over left foot, unwind ½ turn to left(keep weight on left foot),clap for 1 beat

61-64 Repeat counts 57-60

**REPEAT**

**Option:**

**Counts 57-60 & 61-64 may be danced as jump, cross, unwind, clap**

57-60 Jump landing feet apart, jump crossing right foot over left, unwind  $\frac{1}{2}$  turn to the left, clap

61-64 Repeat counts 57-60

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