

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sue Johnstone (UK)  
音樂: (Don't Put Me In) The Ex Files (feat. Buck Owens) - The Bellamy Brothers



## DIAGONAL ROCKS TO MAKE X SHAPE

- 1-2&      Rock on right diagonally forward, recover back onto left, step right next to left
- 3-4      Rock on left diagonally back, recover forward onto right
- 5-6&      Rock diagonally forward on left, recover back onto right, step left next to right
- 7-8      Rock diagonally back on right, recover forward onto left

## SYNCOPATED WEAVE RIGHT, HIP SWAYS WITH ¼ TURN LEFT

- 9&10&      Step right to right, cross left behind right, step right to right, cross left in front
- 11&12      Step right to right, cross left behind right, step right to right side
- 13-14      Sway hips to left, sway hips to right
- 15-16      Turn ¼ left as you sway hips forward, sway hips back over right foot

## STOMPS & CLAPS, KICK, SYNCOPATED TOE TOUCHES, ½ TURN LEFT

- &17-18      Step left next to right, stomp right forward, hold with a clap
- &19-20      Step left next to right, stomp right forward, hold with a clap
- 21&22      Kick left forward, step left next to right, point right toe to right side
- &23-24      Step right next to left, point left toe to left side, turn ½ to left stepping left next to right

## STOMPS & CLAPS, KICK, SYNCOPATED TOE TOUCHES, ½ TURN LEFT

- 25-26      Stomp right forward, hold with a clap
- &27-28      Step left next to right, stomp right forward, hold with a clap
- 29&30      Kick left forward, step left next to right, point right toe to right side
- &31-32      Step right next to left, point left toe to left side, turn ½ to left stepping left next to right

## REPEAT

## TAG

When danced to 'Don't Put me in the Ex-Files' add 6 extra rocks on the 7th wall only (from count 12)

- 1-2      Sway hips left, sway hips right
- 3-4      Rock forward onto left foot, recover back onto right foot
- 5-6      Rock back onto left foot, recover forward onto right foot

Then carry on from count 13.