

Wrong Train, Hiker

拍數: 84 牆數: 1 級數: Improver
編舞者: Maria Graube (SWE)
音樂: Believe Me - Fort Minor



RIGHT KICK BALL STEP TWICE, RIGHT ROCK STEP, ½, RIGHT SHUFFLE

1&2 Kick right forward, step right beside left, step left forward
3&4 Kick right forward, step right beside left, step left forward
5-6 Rock forward on right, rock back onto left and make ½ turn over your right shoulder
7&8 Step forward right, close left beside right, step forward right

LEFT KICK BALL STEP TWICE, LEFT ROCK STEP, ½, LEFT SHUFFLE

1&2 Kick left forward, step left beside right, step right forward
3&4 Kick left forward, step left beside right, step right forward
5-6 Rock forward on left, rock back onto right and make ½ turn over your right shoulder
7&8 Step left forward, close right beside left, step left forward

RIGHT ROCK CROSS, LEFT ROCK CROSS, RIGHT ROCK CROSS, MODIFIED JAZZ BOX ¼

1&2 Rock to right side on right, rock onto left in place, cross right over left
3&4 Rock to left side on left, rock onto right in place, cross left over right
5&6 Rock to right side on right, rock onto left in place, cross right over left
7-8 Turn ¼ to right while stepping left back, touch right beside right

LEFT ROCKING CHAIR, HEEL SWITCHES, HOLD, CLAP, CLAP

1-4 Rock forward on left, rock back onto right, rock back on left, rock forward onto right
5&6& Touch left heel forward, step left beside right, touch right heel forward, step right beside left
7&8 Step left to left side and hold, clap, clap

RIGHT & LEFT SYNCOPATED VINE WITH ½ TURN LEFT (TWICE)

1-2&3-4 Step right to right side, hold, cross left behind right, step right to right side, touch left heel forward
5-6&7-8 Step left to left side, hold, cross right behind left, step left to left side, scuff right and make ½ turn over your left shoulder

RIGHT ROCK STEP, RIGHT COASTER STEP, LEFT ROCK, LEFT SHUFFLE BACK

1-2 Rock forward on right, rock back onto left
3&4 Step back right, step left beside right, step forward right
5-6 Rock forward on left, rock back onto right
7&8 Step back on left, close right beside left, step back on left

RIGHT ROCK BACK, SHUFFLE ½, LEFT ROCK STEP, KICK BALL POINT

1-2 Rock back on right, rock forward onto left
3&4 Shuffle step forward making ½ turn left, stepping - right, left, right
5-6 Rock back on left, rock forward onto right
7&8 Kick left forward, step left beside right, point right toe to right side

RIGHT SAILOR STEP, LEFT SAILOR STEP, RIGHT ROCK BACK, RIGHT CHASSÉ WITH ¼ TURN RIGHT

1&2 Cross right behind left, step left to left side, step right to place
3&4 Cross left behind right, step right to right side, step left to place
5-6 Rock back on right, rock forward onto left
7&8 Step right to right side, close left beside right, step right forward as you make ¼ turn right

PIVOT ½ RIGHT, LEFT TURN ½, LEFT ROCK BACK, RIGHT POINT & LEFT POINT

- 1-2 Step forward left, pivot ½ turn right
- 3-4 Turn ½ right stepping left back, right sweep (= pointed toe out and around from front to back)
- 5-6 Rock back on right, rock forward onto left
- 7&8& Point right toe to right side, close right beside left, point left toe to left side, close left beside right

PIVOT ¼ LEFT, RIGHT CROSS SHUFFLE, TURN, TURN, LEFT CROSS SHUFFLE

- 1-2 Step forward right, pivot ¼ turn left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Step left foot back making ¼ turn right, step right making ¼ turn right
- 7&8 Cross left over right, step right to right side, cross left over right

ROCK, TURN ¼ LEFT, WALK RIGHT, LEFT, RIGHT CHARLESTON

- 1-2 Rock right to right side, turn ¼ turn left
- 3-4 Step forward right, step forward left
- 5-6-7-8 Kick right forward, step right beside left, touch left toe back, step left beside right

REPEAT
