

Write Strait

拍數: 56 牆數: 0 級數:
編舞者: Fran Thomas (USA)
音樂: Write This Down - George Strait



TOE STRUTS BACKWARD RIGHT ANGLE

- 1 Step back on a right angle stepping right toe
- 2 Touch down on right heel
- 3 Step behind the right with the left toe
- 4 Touch down on left heel
- 5 Step back on a right angle stepping right toe
- 6 Touch down on right heel
- 7 Step behind the right with the left toe
- 8 Hold

GRAPEVINE LEFT, ¼ TURN TO THE LEFT

- 9 Step to the left on left foot
- 10 Cross right foot behind left and step
- 11 Step to the left on left foot
- 12 Cross in front of left with right foot and step
- 13 Step to the left on left foot
- 14 Cross right foot behind left and step
- 15 Step ¼ turn to the left with the left foot
- 16 Touch right toe next to left

TOE STRUTS BACKWARD

- 17 Touch right toe back
- 18 Step down on right heel
- 19 Touch left toe back
- 20 Step down on left heel
- 21-24 Repeat beats 17-19

RIGHT HEEL TAPS

- 25-26 Tap right heel forward twice
- 27-28 Tap right toe back twice
- 29 Tap right heel forward once
- 30 Tap right toe back once
- 31-32 Repeat beats 29-30

HEEL STRUTS FORWARD, ¼ TURN TO THE RIGHT

- 33 Touch right heel forward
- 34 Step down on ball of right foot
- 35 Touch left heel forward
- 36 Step down on ball of left foot
- 37 Turn ¼ turn to the right, touching right heel down
- 38 Step down on ball of right foot
- 39 Touch left heel forward
- 40 Step down on ball of left foot

JAZZ WITH ¼ TURN TO THE RIGHT, JAZZ STEP

- 41 Cross right foot over left and step

- 42 Step back on left foot
- 43 Turn $\frac{1}{4}$ turn to the right stepping on right foot
- 44 Step left foot next to right
- 45 Cross right foot over left and step
- 46 Step back on left foot
- 47 Step right on right foot
- 48 Step left foot next to right

HIP BUMPS

- 49 Bump hips left
- 50 Bump hips left
- 51 Bump hips right
- 52 Bump hips right
- 53 Bump hips left
- 54 Bump hips right
- 55 Bump hips left
- 56 Bump hips left

REPEAT

TAG

Omit hip bumps only on fifth time. Include hip bumps on sixth time. On the seventh time after the first (8) steps, hold until the word "down", then do the 8-count grapevine to the left. It will end at the end of the song.
