

# Wrap It Up

COPPER KNOB  
BY STEPHEN

拍數: 48      牆數: 4      級數: Improver  
編舞者: Christine Bass (USA)  
音樂: Wrap It Up - The Fabulous Thunderbirds



## RIGHT TOE HEEL STRUT, LEFT TOE HEEL STRUT (MOVING DIAGONALLY TO THE RIGHT), SIDE ROCK, BEHIND ¼ TURN, STEP

1-4      Touch right toe, bring right heel down, touch left toe, bring left heel down, (with shoulder shrugs: left-up, right-down, left-up right-up, left-down, right-up)  
5-6      Right side rock, recover left  
7&8      Cross right behind left, ¼ turn left stepping left to left side, step right forward (9:00)

## LEFT TOE HEEL STRUT, RIGHT TOE HEEL STRUT, (MOVING FORWARD), ROCK RECOVER, COASTER STEP

1-4      Touch left toe, bring left heel down, (with shoulder shrugs: right-up, left-down, right-up) touch right toe, bring right heel down (with shoulder shrugs: left-up, right-down, left-up)  
5-6      Left forward rock, recover right  
7&8      Step back left, step right together, step forward left

## ROCK RECOVER, RIGHT TRIPLE ½ TURN, ROCK RECOVER, LEFT ¼ TURN SIDE SHUFFLE

1-2      Rock right forward, recover left  
3&4      Right ½ turn (over right shoulder) shuffle forward right-left-right (3:00)  
5-6      Rock forward left, recover right  
7&8      Begin left ¼ turn, step left foot to left; step right beside left, step left (12:00)

## JAZZ BOX, RIGHT HIP BUMPS, LEFT HIP BUMPS

1-4      Cross right over left, step back on left, step right to right side, step left forward  
5&6      Step right forward hip bumps right-left-right  
7&8      Step left forward hip bumps left-right-left

## CROSS ½ UNWIND, LEFT SIDE SHUFFLE, TOUCH ½ PIVOT, FORWARD SHUFFLE

1-2      Cross right over left, unwind ½ left (weight on right) (6:00)  
3&4      Step left to left side, step right next to left, step left to left side  
5-6      Touch right toe back pivot ½ turn right, (12:00)  
7&8      Step left forward, step right next to left, step left forward

## CROSS ½ UNWIND, LEFT SIDE SHUFFLE, TOUCH RIGHT ¼ PIVOT, CROSSING SHUFFLE

1-2      Cross right over left, unwind ½ left (weight on right), (6:00)  
3&4      Step left foot to left; step right beside left, step left  
5-6      Touch right toe back pivot ¼ turn right (weight on right), (9:00)  
7&8      Cross left over right, step right to right, cross left over right

REPEAT