Wrap It Up (P)



拍數: 48 牆數: 0 級數: Partner

編舞者: Nigel Payne (UK) & Barbara Payne (UK)

音樂: Wrapped Around - Brad Paisley



Position: Closed Western Position. Man facing LOD. Lady facing RLOD. (Right shoulder to right shoulder). Man's left hand holding lady's right. Man's right hand placed in the small of lady's back. Lady's left hand on man's right shoulder

TOE, HEEL, ROCK RECOVER TWICE

1-2 BOTH: Touch right toe beside left instep, touch right heel beside left instep

3-4 BOTH: Rock right out to right side, recover back on left

5-8 BOTH: Repeat counts 1-4

WALK RIGHT, LEFT, RIGHT, HITCH LEFT (MAN FORWARD, LADY'S BACKWARDS)

9-12 **MAN:** Walks forward right, left, right, hitch left

LADY: Walks backwards right, left, right, hitch left

WALK LEFT, RIGHT, LEFT, FLICK RIGHT, (MAN BACKWARDS, LADY'S FORWARD)

13-16 MAN: Walks backwards left, right, left, flick right foot out to right side

LADY: Walks forward left, right, left, flick right foot out to right side

GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT, TOUCH, (LADY'S ROLL ON BOTH VINES)

Hands: man raises left hand, lady's right, allowing lady to turn under raised arms

17-20 MAN: Step right to right side, cross left behind right, step right to right side, touch left beside

right

LADY: Step right ¼ turn right, on ball on right pivot ½ turn right stepping back on left foot, on

ball of left pivot ¼ turn right stepping right to right side, touch left beside right

You have now vined apart

21-24 MAN: Step left to left side, cross right behind left, step left to left side, touch right beside left

LADY: Step left ¼ turn left, on ball of left pivot ½ turn left stepping right foot back, on ball of

right pivot 1/4 turn left stepping left to left side, touch right beside left

Both are now back to starting position

WALK RIGHT, LEFT, (LADY TURNS) RIGHT SHUFFLE, (FORWARD FOR MAN, BACKWARD FOR LADY) WALK LEFT, RIGHT, LEFT SHUFFLE, (FORWARD FOR MAN, BACKWARD FOR LADY)

Hands: man raises left hand, lady's right

25-26 MAN: Walk forward right, left

LADY: Full turn back over right shoulder stepping right, left

Now back in closed western position

27&28 MAN: Step forward on right, step left beside right, step forward on right

LADY: Step back on right, step left beside right, step back on right

29-30 MAN: Walks forward left, right

LADY: Walks back left right

31&32 MAN: Step forward on left, step right beside left, step forward on left

LADY: Step back on left, step right beside left, step back on left

STEP RIGHT, KICK LEFT, STEP LEFT, KICK RIGHT, GRAPEVINE RIGHT (LADY ROLLS) TOUCH

33-34 BOTH: Step right to right side, kick left across right 35-36 BOTH: Step left to left side, kick right across left

Hands: man raises left hand, lady's right, allowing lady to turn under raised arms

37-40 MAN: Step right to right side, cross left behind right, step right to right side, touch left beside

right

LADY: Step right ¼ turn right, on ball on right pivot ½ turn right stepping back on left foot, on ball of left pivot ¼ turn right stepping right to right side, touch left beside right

You have now vined apart

GRAPEVINE LEFT (LADY ROLLS), TOUCH, HIP BUMPS

41-44 MAN: Step left to left side, cross right behind left, step left to left side, touch right beside left

LADY: Step left ¼ turn left, on ball of left pivot ½ turn left stepping right back, on ball of right

pivot ¼ turn left stepping left to left side, touch right beside left

Both are now back to starting position

44-48 MAN: Step forward on right bumping hip forward, back, forward, back, (take weight on left)

LADY: Step right back bumping hips back, forward, back, forward, (take weight on left)

REPEAT