

# Wrap It Up

COPPER KNOB  
BY STEPHENETS

拍數: 88      牆數: 1      級數:  
編舞者: Peter Metelnick (UK)  
音樂: Sexy Little Christmas Thang - Scooter Lee



## RIGHT SIDE SHUFFLE, ROCK BACK & RECOVER, SIDE LEFT & HOLD, TOGETHER, LEFT SIDE TOUCH & HOLD

1&2      Step right foot to right side, step left foot together, step right foot to right side  
3-4      Rock back on left foot, rock forward & recover weight on right foot  
5-6      Step left foot to left side, hold  
&7-8      Step right foot together, touch left foot to left side, hold (optional-clap hands)(weight ends on right foot)

## LEFT SIDE SHUFFLE, ROCK BACK & RECOVER, SIDE RIGHT & HOLD, TOGETHER, RIGHT SIDE TOUCH & HOLD

1&2      Step left foot to left side, step right foot together, step left foot to right side  
3-4      Rock back on right foot, rock forward & recover weight on left foot  
5-6      Step right foot to right side, hold  
&7-8      Step left foot together, step right foot to right side, step left foot together (weight ends on left foot)

## RIGHT & LEFT SIDE TOUCHES WITH HOLDS, RIGHT & LEFT SIDE TOUCHES, RIGHT SIDE TOUCH, RIGHT SLIDE TOGETHER WITH KNEE "SHAKES"

1-2      Touch right toes to right side, hold  
&3-4      Step right foot together, touch left toes to left side, hold  
&5&6      Step left foot together, touch right toes to right side, step right foot together, touch left toes to left side (weight is on right foot)  
&7      Shift weight to left foot by stepping left foot in place, slide right foot together bending right knee in toward left leg (weight is on left foot)-you should travel slightly left on the dance floor on these counts  
&8      With weight on left foot turn right knee out to right, turn right knee back in toward left leg (weight is still on left foot)

## RIGHT & LEFT SIDE TOUCHES, RIGHT SIDE TOUCH, RIGHT SLIDE TOGETHER WITH KNEE "SHAKES", RIGHT & LEFT SIDE TOUCHES, RIGHT & LEFT HEEL CHANGES

1&2      Touch right toes to right side, step right foot together, touch left toes to left side  
&3      Shift weight to left foot by stepping left foot in place, slide right foot together, bending right knee in toward left leg (weight is on left foot)-you should travel slightly left on the dance floor on these counts  
&4      With weight on left foot turn right knee out to right, turn right knee back in toward left leg (weight is still on left foot)  
5&6&      Touch right toes to right side, step right foot together, touch left toes to left side, step left foot together  
7&8&      Touch right heel forward, step right foot together, touch left heel forward, step left foot together

## RIGHT FORWARD SHUFFLE, LEFT ROCK FORWARD & RECOVER, LEFT SHUFFLE BACK, RIGHT ROCK BACK & RECOVER

1&2      Step right foot forward, step left foot together, step right foot forward  
3-4      Rock left foot forward, rock back on right foot (recover weight)  
5&6      Step back on left foot, step right foot together, step back on left foot  
7-8      Rock back on right foot, rock left foot forward (recover weight)

**RIGHT FORWARD, ½ LEFT PIVOT TURN, RIGHT FORWARD, ½ LEFT PIVOT TURN, BIG STEP RIGHT, SLIDE LEFT TOGETHER**

- 1-4 Step right foot forward, pivot ½ left, step right foot forward, pivot ½ left (end facing forward)  
5-8 Step right foot to the right side taking a large step, slide left foot together for remaining 3 counts ending with left foot touched together

**BUMP HIPS LEFT & HOLD FOR 4, BUMP HIPS RIGHT, LEFT, RIGHT, LEFT**

- 1-4 Bump hips left & hold for 4 counts  
5-8 Bump hips right, left, right, left ending with weight on left foot

**"WRAP IT UP"-SHUFFLE BOX TURNING ¼ LEFT ON EACH SIDE OF THE "PRESENT"**

- 1&2& Step right foot to right side, step left foot together, step right foot to right side, pivot ¼ left on right foot  
3&4& Step left foot to left side, step right foot together, step left foot to left side, pivot ¼ left on left foot  
5&6& Step right foot to right side, step left foot together, step right foot to right side, pivot ¼ left on right foot  
7&8& Step left foot to left side, step right foot together, step left foot to left side, pivot ¼ left on left foot (end up facing forward)

**RIGHT SUGAR FOOT, RIGHT SHUFFLE IN PLACE, LEFT SUGAR FOOT, LEFT SHUFFLE IN PLACE**

- 1-2 Touch right toes in toward left instep, touch right heel in toward left instep  
3&4 Step right foot together, step left foot together, step right foot together  
5-6 Touch left toes in toward right instep, touch left heel in toward right instep  
7&8 Step left foot together, step right foot together, step left foot together

**"WRAP IT UP" AGAIN-SHUFFLE BOX TURNING ¼ LEFT ON EACH SIDE OF THE "PRESENT"**

- 1&2& Step right foot to right side, step left foot together, step right foot to right side, pivot ¼ left on right foot  
3&4& Step left foot to left side, step right foot together, step left foot to left side, pivot ¼ left on left foot  
5&6& Step right foot to right side, step left foot together, step right foot to right side, pivot ¼ left on right foot  
7&8& Step left foot to left side, step right foot together, step left foot to left side, pivot ¼ left on left foot (end up facing forward)

**DIAGONAL BACK STEP TOUCHES, STEP RIGHT & LEFT APART, HOLD, BUMP LEFT & HOLD**

- 1-2 Step right foot back on a right diagonal, touch left foot together & clap  
3-4 Step left foot back on a left diagonal, touch right foot together & clap  
&5-6 Step right foot apart, step left foot apart, hold & clap  
7-8 Bump hips left, hold (weight ends on left foot)

**REPEAT**

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