

Wrangler Rescue

COPPER KNOB
STEPSHEETS

拍數: 74 牆數: 1 級數: Intermediate/Advanced
編舞者: Helen O'Malley (IRE)
音樂: Take It To The Rock - Susie Luchsinger



KICK, CROSS, UNWIND, CLAP & HIP BUMPS

1-2 Kick right foot forward, cross right foot over left foot
3-4 Unwind ½ turn left, clap hands
5-6 Bump hips to left twice
7-8 Bump hips to right twice

HIP BUMPS, STEP, HOOK, BACK, HITCH

9-10 Bump hips to left, bump hips to right
11-12 Bump hips to left, bump hips to right
13-14 Step left foot forward, hook right foot behind left knee
15-16 Step right foot back, hitch left knee

LEFT SHUFFLE, STEP, ½ TURN, RIGHT SHUFFLE, STEP, ½ TURN

17&18 Step left foot forward, step right beside left, step left foot forward
19-20 Step right foot forward, pivot ½ turn left
21&22 Step right foot forward, step left beside right, step right foot forward
23-24 Step left foot forward, pivot ½ turn right

LEFT SHUFFLE, STEP ¼ TURN, STEP ¼ TURN

25&26 Step left foot forward, step right beside left, step left foot forward
27-28 Step right foot forward, pivot ¼ turn left
29-30 Step right foot forward, pivot ¼ turn left

CROSS, SIDE, TURN, SIDE, CROSS & HEEL SWIVELS

31-32 Cross right foot over left foot, step left foot to left side
33 On ball of left foot pivot ½ turn right and step right to right side
34 Cross left foot over right foot
35 Step right foot big step to right side
36 Slide left foot beside right
37-38 Swivel heels to left, swivel heels back to center

STEPS BACK WITH KICKS & CLAPS

39-40 Step right foot back, kick left and clap
41-42 Step left foot back, kick right and clap
43-46 Repeat steps 39-42

MONTEREY TURNS

47 Touch right toe to right side
48 On ball of left foot pivot ½ turn right and step right foot beside left
49-50 Touch left toe to left side, step left foot beside right
51-54 Repeat steps 47-50

RIGHT KICK BALL CHANGE TWICE

55 Kick right foot forward
&56 Step right foot in place, step left foot in place
57&58 Repeat steps 55&56

STEP, HOOK & SLAP TWICE, OUT, OUT, CLAP

- 59-60 Step right foot forward, hook left foot up behind right knee and slap
61-62 Step left foot forward, hook right foot up behind left knee and slap
&63 Step right foot out to right side, step left foot out to left side
64 Clap hands
&65 Step right foot to place, step left foot to place
66 Clap hands

LEFT ROLLING VINE, STEP, ½ TURN, RIGHT STOMP, LEFT STOMP

- 67 Step left foot to left side making ¼ turn left
68 On ball of left foot make ¼ turn left stepping right to right side
69 On ball of right foot make ½ turn left stepping left to left side
70 Touch right to beside left foot
71-72 Step right foot forward, pivot ½ turn left
73-74 Stomp right foot beside left, stomp left foot beside right

REPEAT
