

World Of Our Own

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Matt Sampson (UK)
音樂: World of Our Own - Westlife



KICK OUT OUT, CROSS SHUFFLE, ROCK QUARTER TURN RIGHT, KICK BALL FORWARD

1&2 Kick right forward, place right to right side, place left to left
3&4 Cross right over left, step left to left side, cross step right over left
5&6 Rock left to left side, step right foot quarter turn to right, place left slightly forward
7&8 Kick right forward, step down on right, step left slightly forward

HEEL SWITCHES, CROSS SHUFFLE, ROCK QUARTER TURN RIGHT, CROSS ROCK SIDE

1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
3&4 Cross right over left, step left to left side, cross step right over left
5&6 Rock left to left side, step right foot quarter turn to right, place left foot slightly forward
7&8 Cross rock right over left, step right to right side

CROSS, SIDE, BEHIND. SIDE, IN FRONT, ROCK TURN QUARTER LEFT, FULL SHUFFLE TURN RIGHT

1-2 Cross left in front of right, place right to right side
3&4 Step left behind right, step right to right side, step left in front of right
5&6 Rock right to right side, step left quarter turn left, step right slightly forward
7&8 Make quarter turn right on left foot, turn half turn right on right foot, turn quarter turn right on right foot, stepping slightly forward on left

ROCK SIDE CROSS, ROCK SIDE CROSS, LOCK SHUFFLE FORWARD, FULL SHUFFLE TURN TO RIGHT

1&2 Rock right to right, step weight onto left, cross right over left
3&4 Rock left to left, step weight onto right, cross left over right
5&6 Step forward right, step left behind right, step right forward

Position body diagonally towards the 1:00 wall

7&8 Step left quarter turn right (to face 3:00 wall), step right half turn right, step left quarter turn right

REPEAT

ALTERNATIVE STEPS:

The turn shuffle can be replaced with lock shuffle forward on the left foot
