

World Of My Own

拍數: 0 牆數: 0 級數:
編舞者: Natalie Michel (UK)
音樂: World of Our Own - Westlife



Sequence: AB, AB, TAG, BBB

PART A

½ TURN, FORWARD SHUFFLE, ROCK, RECOVER, COASTER STEP

1-2 Step right toe behind, ½ turn right
3&4 Left shuffle forward - left, right, left
5-6 Rock right foot forward, recover weight onto left
7&8 Right coaster step

ROCK & KICK CROSS X 3, ROCK AND TOUCH

9&10& Rock left to left side, recover weight onto right, kick left across right and cross left over right
11&12& Rock right to right side, recover weight onto left, kick right across left and cross right over left
13&14& Rock left to left side, recover weight onto right, kick left across right and cross left over right
15&16 Rock right to right side, recover weight onto left, touch right next to left

½ TURN, FORWARD SHUFFLE, ROCK, RECOVER, COASTER STEP

17-18 Step right toe behind, ½ turn right
19&20 Left shuffle forward - left, right, left
21-22 Rock right foot forward, recover weight onto left
23&24 Right coaster step

ROCK & KICK CROSS X 3, ROCK AND ¼ TURN LEFT

25&26& Rock left to left side, recover weight onto right, kick left across right and cross left over right
27&28& Rock right to right side, recover weight onto left, kick right across left and cross right over left
29&30& Rock left to left side, recover weight onto right, kick left across right and cross left over right
31-32 Step forward right, ¼ turn left

MAMBO STEPS AND ROLLING GRAPEVINES

33&34 Mambo forward right - rock right foot forward, recover weight onto left, step right next to left
25&36 Mambo back left - rock left foot forward, recover weight onto right, step left next to right
37&38 Mambo right to right side - rock right to right side, recover weight onto left, step right next to left
39&40 Mambo left to left side. - rock left to left side, recover weight onto right, step left next to right
41-44 Rolling grapevine right, clap once
45-48 Rolling grapevine left, clap once

PART B

The next 32 counts (49-80) always hit the chorus

VAUDEVILLE STEPS

49-50&51&52 Step right to right side, step left behind right, step right to right side, dig heel of left to left side, step left next to right, cross right over left
53-54&55&56 Step left to left side, step right behind left, step left to left side, dig heel of right to right side, step right next to left, cross left over right

SIDE SHUFFLE, ½ TURN, FORWARD SHUFFLE, STEP, ½ TURN, HOLD AND HIP BUMPS

57&58 Side shuffle right - right, left, right
&59&60 ½ turn over left shoulder, left shuffle forward - left, right, left

61-62&63&64 Step forward on right, ½ turn left, hold, bump left hip twice

DIAGONAL LOCK STEPS, SIDE SHUFFLE

65&66 Right diagonal lock step - towards 2:00
67&68 Left diagonal lock step - towards 10:00
69-70 Step right to right side, touch left next to right
71&72 Side shuffle left - left, right, left

SAILOR STEPS, ½ TURN, HOLD AND HIP BUMPS

73&74 Right sailor step
75&76 Left sailor step
77-78&79&80 Step forward on right, ½ turn left, hold, bump left hip twice

MAMBO STEPS AND ROLLING GRAPEVINES

81&82 Mambo forward right - rock right foot forward, recover weight onto left, step right next to left
83&84 Mambo back left - rock left foot forward, recover weight onto right, step left next to right
85&86 Mambo right to right side - rock right to right side, recover weight onto left, step right next to left
87&88 Mambo left to left side. - rock left to left side, recover weight onto right, step left next to right
89-92 Rolling grapevine right, clap once
93-96 Rolling grapevine left, clap once

TAG

MAMBO STEPS AND ROLLING GRAPEVINES

1&2 Mambo forward right - rock right foot forward, recover weight onto left, step right next to left
3&4 Mambo back left - rock left foot forward, recover weight onto right, step left next to right
5&6 Mambo right to right side - rock right to right side, recover weight onto left, step right next to left
7&8 Mambo left to left side. - rock left to left side, recover weight onto right, step left next to right
9-12 Rolling grapevine to right, clap once
13-16 Rolling grapevine to left, clap once

VAUDEVILLE STEPS

17-18&19&20 Step right to right side, step left behind right, step right to right side, dig heel of left to left side, step left next to right, cross right over left
21-22&23&24 Step left to left side, step right behind left, step left to left side, dig heel of right to right side, step right next to left, cross left over right

SIDE SHUFFLE, ½ TURN, FORWARD SHUFFLE, STEP, ½ TURN, HOLD AND HIP BUMPS

25&26 Side shuffle right - right, left, right
&27&28 ½ turn over left shoulder, left shuffle forward - left, right, left
29-30&31&32 Step forward on right, ½ turn left, hold, bump left hip twice
