

Working Man Blues

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Irene Groundwater (CAN)
音樂: Working Man Blues - Ricky Van Shelton



FORWARD, FORWARD, FORWARD, HEEL-FORWARD, FORWARD, FORWARD, FORWARD, HEEL-FORWARD

- 1-2-3 Right forward, left forward, right forward
4 Dig left heel diagonal. Forward to left snapping fingers in front of shoulders and throwing head back
5-6-7 Left forward, right forward, left forward
8 Dig right heel diagonal. Forward to right snapping fingers in front of shoulder and throwing head back

DIAGONAL FORWARD, TAP TOE BEHIND, DIAGONAL BACK, TAP HEEL IN FRONT

- 9 Right diagonal. Forward bending body at waist and swinging arms to left side of body
10 Tap left toe behind right
11 Left diagonal. Back straightening body and swinging arms over left shoulder
12 Tap right heel in front of left

This action should resemble a person digging with a shovel.

Optional: make steps 10 & 12 holds

SIDE, TOGETHER, SIDE, TOUCH

- 13-14 Side step right body facing front, close left to right
15-16 Side step left, touch left toe beside right instep

DIAGONAL FORWARD, TAP TOE BEHIND, DIAGONAL BACK, TAP HEEL IN FRONT

- 17 Left diagonal forward bending body at waist and swinging arms to right side of body
18 Tap right toe behind left
19 Right diagonal back straightening body and swinging arms over right shoulder
20 Tap left heel in front of right

This action should resemble a person digging with a shovel

Optional: make steps 18 & 20 holds

SIDE, TOGETHER. SIDE, TOUCH

- 21-22 Side step left body facing front, close right to left
23-24 Side step left, touch right toe beside left instep

SIDE, SHIMMY RIGHT FOR 2 COUNTS, TOUCH, SIDE, SHIMMY LEFT FOR 2 COUNTS, TOUCH

- 25-28 Side step right, shimmy shoulders for 2 counts, touch left toe beside right instep
29-32 Side step left, shimmy shoulders for 2 counts, touch right toe beside left instep

FORWARD, PIVOT 1/8 TURN RIGHT WITH TAP, FORWARD, PIVOT 1/8 TURN RIGHT WITH TAP

- 33 Right small step forward bending forward (action - like shoveling dirt)
34 Pivot 1/8 turn right on right ball and tap left toe beside right instep and straighten body
35 Left small step forward bending forward (action - like shoveling dirt)
36 Pivot 1/8 turn on left ball and tap right toe beside left instep and straighten body

FORWARD, PIVOT 1/8 TURN RIGHT WITH TAP, FORWARD, PIVOT 1/8 TURN RIGHT WITH TAP

- 37 Right small step forward bend forward (action - like shoveling dirt)
38 Pivot 1/8 turn right on right ball and tap left toe beside right instep and straighten body
39 Left small step forward bending forward (action - like shoveling dirt)

40 Pivot 1/8 turn on left ball and tap right toe beside left instep and straighten body

SIDE STEP, TAP HEEL 3 TIMES, WIPE BROW AND SHAKE RIGHT HAND RIGHT TWICE

41 Side step right dipping body and then straightening body facing diagonal. Left

42-44 Tap left heel 3 times, (wipe brow with right hand on 42, shake right hand right twice on 43 & 44)

You are wiping the sweat off the brow and shaking the moisture from your hands on the last 2 counts

SIDE STEP, TAP HEEL 3 TIMES, WIPE BROW AND SHAKE LEFT HAND LEFT TWICE

45 Side step left dipping body and then straightening body facing diagonal right

46-48 Tap right heel 3 times, (wipe brow with left hand on 46, shake left hand left twice on 47 & 48)

REPEAT

FINISH

On 7th pattern, dance ends on step 24. Raise hands above the head and wave madly (work is finished for the day).
