

Working Lunch

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 1 級數: Improver
編舞者: William Sevone (UK)
音樂: All Work and No Play - Van Morrison



CROSS TOUCH, KICK FORWARD, ½ RIGHT TRIPLE STEP, TOE STRUT, FORWARD SHUFFLE

1-2 Cross touch right toe over left foot, kick right foot forward
3&4 (On the spot) triple step turn ½ right stepping right, left-right
5-6 Step forward onto left toe, drop left heel to floor
7&8 Step forward onto right foot, close left foot next to right, step forward onto right foot

CROSS TOUCH, KICK FORWARD, ½ LEFT TRIPLE STEP, TOE STRUT, FORWARD SHUFFLE

9-10 Cross touch left toe over right foot, kick left foot forward
11&12 (On the spot) triple step turn ½ left stepping left, right, left
13-14 Step forward onto right toe, drop right heel to floor
15&16 Step forward onto left foot, close right foot next to left, step forward onto left foot

CROSS STEP, ¾ LEFT WITH FORWARD KICK, COASTER STEP, ¼ LEFT SIDE STEP, ½ LEFT SIDE STEP, HEEL SWITCH

17-18 Cross step right foot over left, unwind ¾ left & kick left foot forward
19&20 Step backward onto left foot, step right foot next to left, step forward onto left foot
21-22 Turn ¼ left & step right foot to right side, turn ½ left & step left foot to left side
23&24 Touch right heel forward, step right foot next to left, touch left heel forward

2X DIAGONAL FORWARD CROSS STEP-TOGETHER-HEEL SWITCH

25-26 Cross step left foot diagonally forward across right, step right foot next to left
27&28 Touch left heel forward, step left foot next to right, touch right heel forward
29-30 Cross step right foot diagonally forward across left, step left foot next to right
31&32 Touch right heel forward, step right foot next to left, touch left heel forward

On the diagonal cross steps, bend the knees slightly forward

CROSS STEP, ½ RIGHT, FORWARD SAILOR STEP, 2X DIAGONAL STEPS FORWARD, FORWARD SHUFFLE

33-34 Cross step left foot over right, unwind ½ right (weight on left foot)
35&36 Cross step right foot behind left, step left foot to left side, step forward onto right foot
37-38 Step left foot diagonally forward left, step right foot diagonally forward right
39&40 Step forward onto left foot, close right foot next to left, step forward onto left foot

ROCK, STEP, ¼ RIGHT COASTER STEP, ROCK, STEP, ¼ LEFT COASTER STEP

41-42 Rock forward onto right foot, step onto left foot
43&44 Turn ¼ right & step backward onto right foot, step left foot next to right, step forward onto right foot
45-46 Rock forward onto left foot, step onto right foot
47&48 Turn ¼ left & step backward onto left foot step right foot next to left, step forward onto left foot

REPEAT

DANCE FINISH

After completing the 10th vanilla do the following

1 Step right foot next to left with right hand on hat brim & left hand on left hip