

Working It

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Scott Schrank (USA)
音樂: Uh Huh - B2K



CROSS ROCK, POINT, CROSS ROCK, POINT, SAILOR TURN, TAP, STEP, PIVOT TURN

- 1&2 Cross rock right foot over left, recover weight to left, point right toe to right
3&4 Cross rock right foot over left, recover weight to left, point right toe to right
5&6 Step ball of right foot behind left, pivot ¼ turn right on ball of right while weighting the left, tap right heel forward
&7 Bring right foot next to left, step forward on left
&8 Pivot ½ turn right on balls of both feet, step forward on left (9:00)

PIVOT BALL CROSS, ROCK BALL CROSS, ROCK BALL TURN, TURN, COASTER TURN

- &1 Pivot ¼ turn to the right on balls of both feet, cross left foot over right (12:00)
2&3 Rock right foot to right, recover weight to left foot, step right foot in front of left
4&5 Rock forward on left foot, recover weight to right foot while turning ½ turn left on ball of right, step left foot forward (6:00)
6 Pivot ½ turn left on ball of left while stepping back on right foot (12:00)
7&8 Step left foot slightly back, step right foot next to left, while making ¼ turn to left cross left foot over right (9:00)

BALL CROSS, POINT, SAILOR STEP, MAMBO FRONT, MAMBO BACK

- &1 Step ball of right foot to right, cross left over right (9:00)
2 Twist body ¼ turn right and touch right toe forward (leave weight on left foot)
3&4 As you face back to 9:00 wall - step right foot behind left, step left foot in place, step right foot forward (9:00)
5&6 Step left foot forward, step right foot in place, step left foot next to right
7&8 Step right foot back, step left foot in place, step right foot next to left

ROCK BALL TURN, SIDE BALL CROSS, SIDE BALL, CROSS ROCK, CHASSE LEFT

- 1&2 Rock forward on left foot, recover weight to right foot while turning ½ turn left on ball of right, step forward and weight the left (3:00)
3&4 Side rock right foot right, recover weight to ball of left, cross right foot over left
5&6 Side rock left foot left, recover weight to ball of right, cross rock left foot over right
&7 Step right foot slightly back, step left foot left
&8 Step ball of right next to left, step left foot left while weighting the left

REPEAT
