

# Working Hard

**COPPER** **NOB**  
BY STEPHEN

拍數: 64      牆數: 0      級數:  
編舞者: Carol Green (AUS)  
音樂: Working For A Living - Craig Giles



## DIAGONAL KICK, TOE FORWARD, DOUBLE HEEL DROP; TWICE

1-2      Kick right foot diagonal forward & right, touch right toe diagonal forward & right  
3&4      Drop right heel (no weight)/lift right heel, drop right heel (no weight)  
5-6      Kick left foot diagonal forward & left, touch left toe diagonal forward & left  
7&8      Drop left heel (no weight)/lift left heel, drop left heel (no weight)

## MONTEREY TURN: TWICE, 4 BACK TOE STRUTS

9-12      Point right toe to right, turning ½ right close right foot to left foot, point left toe to left, close left foot to right foot  
13-16      Repeat beats 9-12  
17-18      Touch right toe back, transfer weight to right foot dropping right heel  
19-20      Touch left toe back, transfer weight to left foot dropping left heel  
21-24      Repeat beats 17-20

## SUGARFOOT, SIDE, TOUCH, CLAP 2, FORWARD STOMP 2 TWICE

25-28      Touch right toe to left instep, touch right heel to left instep, step right foot to right, touch left foot to right foot  
29-32      Clap, clap, stomp left foot forward (with weight), stomp right foot alongside left foot (with weight)  
33-36      Touch left toe to right instep, touch left heel to right instep, step left foot to left, touch right foot to left foot  
37-40      Clap, clap, stomp right foot forward (with weight), stomp left foot alongside right foot (with weight)

## STRUTTING OUT OUT: STRUTTING IN IN

41-42      Touch right toe to right, transfer weight to right foot dropping right heel  
43-44      Touch left toe to left, transfer weight to left foot dropping left heel so feet are apart  
45-46      Touch right toe to center, transfer weight to right foot dropping right heel  
47-48      Touch left toe alongside right foot, transfer weight to left foot dropping left heel

## ROCKING CHAIR, STOMPING RUN 4 TURNING ¼ LEFT: TWICE

49-52      Rock right foot forward, recover left foot, rock right foot back, recover left foot  
53-54      Bending knees slightly stomp right foot forward (with weight), stomp left foot forward (with weight)  
55-56      Stomp right foot forward (with weight), turning ¼ left & stomp left foot forward (with weight) straightening knees  
57-64      Repeat beats 49-56

## REPEAT

## TAG

After first sequence

## FORWARD STOMP 2, CLAP 2, MONTEREY TURN: TWICE

1-4      Repeat beats 39-40, repeat beats 37-38  
5-12      Repeat beats 9-16

After 3rd & 6th sequences

1-3      Forward stomp right, clap 2

**FINISH**

Finish the dance during 7th sequence with an out toe strut to face the front.

---