

Woohoo Yeehoo

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Michelle Jackson (USA) & Alana Johanson (USA)
音樂: The Sweet Escape - Gwen Stefani



STEP HITCH ½ TURN, HEEL JACK, STEP ¼ TURN, HEEL SWIVELS

- 1-2 Step left foot forward, ½ turn to left as you hitch your right knee up
- &3 Step back on right foot with left heel forward
- 4 Body roll forward putting weight on left foot
- 5 Step forward on right foot
- 6 Step out on left foot while turning ¼ turn to right (square up to 9:00 wall)
- 7&8 Swivel heels left, right, left with weight ending on left foot

SHUFFLE RIGHT, PIVOT TURN, ½ JAZZ BOX, OUT-OUT-HOLD

- 1&2 Shuffle to the right (right, left, right) with weight ending on right foot
- 3-4 Step left foot forward, make ½ turn to right, step forward on right foot (pivot turn)
- 5-6 Cross left foot over right foot, step back on right foot
- &7-8 Step out left, right and hold

Feet should be shoulder width apart, with weight on left foot

KNEE SWIVELS RIGHT, LEFT, THEN BOTH WITH ARMS, CHEST PUMP

- 1-2 Swivel right knee in and out
- 3-4 Swivel left knee in and out
- 5-6 Swivel both knees in and out

Arms: cross right arm over left (making a figure 8 with hands ending on either side of your head)

- 7-8 Pump chest out, in, out

RIGHT KICK, ½ TURN RIGHT, LEFT KICK, CROSS ¾ TURN, ALTERNATING SHOULDER ROLLS

- 1 Kick right foot forward

Arms: both arms go forward with foot with right arm crossed over left like an "X"

- 2 Touch right foot behind left
- 3 Make ½ turn to right, weight ending on right foot
- 4 Kick left foot forward (same arms as count 1)
- 5 Cross left foot over right
- 6 Make ¾ turn to right
- 7&8 Roll right shoulder back, roll left shoulder back, roll right shoulder back

Weight should be on right foot ready to start the dance again

REPEAT
