

Woodland Rock

拍數: 32 牆數: 1 級數: Beginner
編舞者: William Sevone (UK)
音樂: Norwegian Wood - The Beatles



SWAY, CHASSE, CROSS ROCK, ROCK, TURNING CHASSE, ROCK FORWARD, (6:00)

- 1 Sway body onto the left foot
- 2&3 Step right foot to right side, step left foot next to right, step right foot to right side
- 4 Cross rock left foot over right
- 5 Rock step onto right foot
- 6&7 (With a shallow sweep) turn $\frac{1}{4}$ left & step left foot to left side, step right foot next to left, turn $\frac{1}{4}$ left & step forward onto left foot
- 8 Rock forward onto right foot

ROCK, $\frac{1}{2}$ RIGHT CHASSE, CROSS ROCK, ROCK, TURNING CHASSE, ROCK FORWARD, (6:00)

- 9 Rock onto left foot
- 10&11 (With a shallow sweep) turn $\frac{1}{2}$ right & step right foot to right side, step left foot next to right, step right foot to right side
- 12 Cross rock left foot over right
- 13 Rock step onto right foot
- 14&15 (With a shallow sweep) turn $\frac{1}{4}$ left & step left foot to left side, step right foot next to left, turn $\frac{1}{4}$ left & step forward onto left foot
- 16 Rock forward onto right foot

ROCK, $\frac{1}{2}$ RIGHT CHASSE, CROSS ROCK, ROCK, TURNING CHASSE, ROCK FORWARD, (6:00)

- 17 Rock onto left foot
- 18&19 (With a shallow sweep) turn $\frac{1}{2}$ right & step right foot to right side, step left foot next to right, step right foot to right side
- 20 Cross rock left foot over right
- 21 Rock step onto left foot
- 22&23 (With a shallow sweep) turn $\frac{1}{4}$ left & step left foot to left side, step right foot next to left, turn $\frac{1}{4}$ left & step forward onto left foot
- 24 Rock forward onto right foot

ROCK, DIAGONAL FORWARD SHUFFLE, ROCK FORWARD, ROCK, DIAGONAL FORWARD SHUFFLE, SWAY, (12:00)

- 25 Rock onto left foot
- On counts 26-31, all progress is towards the '10:30' (left forward diagonal) clock position**
- 26&27 (With a shallow sweep) turn to face '10:30' & step forward onto right foot, close right foot next to left, step forward onto right foot
- 28 Rock forward onto left foot
- 29 Recover onto right foot
- 30&31 Step forward onto left foot, close right foot next to left, step forward onto left foot
- 32 (Turning to face 12:00) sway body onto right foot

REPEAT

DANCE FINISH

The dance will finish on count 8 of the 4th vanilla facing 6:00. To finish facing the 'home' wall replace counts 6-8 with the following:

- 6&7 Step left foot to left side, step right foot next to left, step left foot to left side
- 8 Touch right toe next to left foot with (optional) right hand on hat brim and left hand on left hip

