

Wooden Heart

拍數: 64 牆數: 2 級數: Intermediate/Advanced
編舞者: April Kemp (UK)
音樂: You Could've Heard a Heartbreak - Daron Norwood



KICK FORWARD TWICE, POINT SIDE, HOOK TURN, SHUFFLE

1-2 Kick right foot forward twice
3-4 Touch right foot to right side, hook right in front and turn $\frac{1}{4}$ right
5-8 Step forward right, step left beside right, step right forward, scuff left forward

BOX STEP LEFT THEN RIGHT

9-12 Cross left in front, step back right, step left beside right, scuff right forward
13-16 Cross right in front, step back left, step right beside left, scuff left forward

CHASSE LEFT, COASTER STEP

17-20 Step left to left side, right beside left, left to left side, hold
21-24 Step right back, left beside right, step right forward, hold

CROSS CHASSE, HEEL GRIND TURN, STEP BACK

25-28 Step left behind right, right to right side, left behind right, hold
29-32 Place right heel forward and grind, recover on left turning $\frac{1}{4}$ right, step back right, hold

ROCK, RECOVER, TURN, ROCK, RECOVER, STOMP

33-36 Rock back on left, recover on right, step forward turning $\frac{1}{4}$ right with left foot, hold
37-40 Rock back on right, recover on left, stomp right next to left, hold

CROSS CHASSE, KICKBALL CROSS

41-44 Left foot cross in front, right to right side, cross left in front, hold
45-48 Kick right forward, step right in place, cross left in front of right, hold

KICK CROSS TURN, SHUFFLE

49-52 Kick right forward, cross right over left, unwind $\frac{1}{2}$ turn left, hold
53-56 Step left forward, right beside left, step left forward, hold

RIGHT AND LEFT SAILOR SHUFFLES

57-60 Step right behind left, step left in place, step right in place, hold
61-64 Step left behind right, step right in place, step left in place, hold

REPEAT
