Wonderful You



拍數: 66 牆數: 4 級數: Intermediate

編舞者: Ans De Waal-Ivens (NL)

音樂: My Wonderful You - Paul Bailey

ROCK STEPS, HEEL SWINGS & TRIPLE STEPS & WALK FORWARD



1-2	Step left foot back and behind right foot and replace weight forward onto the right foot
3&4	Left foot steps to the left side, right foot closes towards the left, left foot steps to the left side (small step)
5-6	Swing both heels to the left, then back, then to center (weight on left foot)
7&8	Right foot steps to the right side, left foot closes towards right, right foot steps to the right side making a ¼ turn to the left, (small steps)

9-10 Step left foot back and replace weight forward onto the right foot

11&12 Step left foot forward, right foot closes towards left, left foot steps forward

13-14 Walk forward right, left

Right foot steps to the right, left foot closes to right, right foot steps to the right (small steps)

ROCK STEPS TRIPLE STEPS, WEAVE, TOE & HEEL SWITCHES

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17-18	Left foot steps back and behind the right foot, replace weight forward onto the right foot
19&20	Left foot steps to the left side, right foot close towards the left, left foot steps to the left (small steps)
21-24	Right foot steps behind, left foot steps to the side, right foot steps forward and across the left and touch left toe to the left side
25&26	Right toes touch to the right side, right foot closes towards left as left toes touch to the left side
&27-28	Left foot closes to right as right heel touches forward, touch right toe next to left
29&30	Right heel touches forward, right foot closes next to left as left heel touches forward
&31-32	Left foot closes next to right as right heel touches forward and hold for one beat as you clap your hands once
33-36	Right foot besides left foot & tap heel left foot forward, left foot besides right foot and tap heel left foot forward, clap hands in front
37-40	Jump backwards keeping weight on right foot, snap fingers of both hands high besides head, repeat
41-44	Sailor shuffle left foot backwards, sailor shuffle right foot backwards
45-48	Step left foot across behind right foot and unwind $\frac{1}{2}$ turn, step right foot forward and make $\frac{1}{2}$ turn left on both feet
49-50	Right foot step forward, left foot besides right foot, step right foot forward (small steps)
51-54	Kick left foot forward, kick left foot to left, step left foot backwards and replace weight on right foot
55-58	Left foot step forward, right foot besides left foot, step left foot forward (small steps)
59-62	Kick right foot forward, kick right foot to right, step right foot backward and replace weight on left foot
63-64	Right foot step forward, left foot besides right foot, step right foot forward (small steps)
65-66	Step left foot in front across right foot and step right foot to right

REPEAT