

Wonder Beat

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Beginner
編舞者: Irene Groundwater (CAN)
音樂: The Beat Goes On - Barry Amato



FORWARD, SCUFF, FORWARD, SCUFF, FORWARD, SCUFF, FORWARD, SCUFF

Use crouched position for first 8 counts of dance

- 1-2 Right forward, scuff left forward beside right instep
- 3-4 Left forward, scuff right forward beside left instep
- 5-6 Right forward, scuff left forward beside right instep
- 7-8 Left forward, scuff right forward beside left instep

BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH

- 1-2 Right back, touch left ball beside right instep and snap fingers to the right
- 3-4 Left back, touch right ball beside left instep and snap fingers to the left
- 5-6 Right back, touch left ball beside right instep and snap fingers to the right
- 7-8 Left back, touch right ball beside left instep and snap fingers to the left

OUT, OUT, HOLD, IN, IN, HOLD, OUT, OUT, HOLD, IN, IN HOLD

- &1-2 Right diagonal forward, left diagonal forward, hold (and clap)
- &3-4 Right back in original pos. Left back in original pos, hold (and clap)
- &5-6 Right diagonal forward, left diagonal forward, hold (and clap)
- &7-8 Right back in original position, left back in original position, hold (and clap)

Option - for ultra beginners omit the & counts and holds-out, out, in, in, out, out, in, in

SIDE, HEEL, TOE, HEEL, SIDE, HEEL, TOE, HEEL

- 1 Large side step right turning body (towards 10:30) and raise right arm
- 2-3 Bring left heel towards right, bring left toe towards right
- 4 Bring left heel towards right and straighten body forward
- 5 Large side step left turning body (towards 1:30) and raise left arm
- 6-7 Bring right heel towards left, bring right toe towards left
- 8 Bring right heel towards left and straighten body forward

REPEAT

INTERMEDIATE DANCERS

On count 25, make $\frac{1}{4}$ turn right on large side step left to make this a 4 wall dance