

Women Rule!

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sharon Hutchinson (UK)
音樂: Women Rule the World - Lonestar



SIDE ROCK LEFT, CLOSE, SIDE ROCK RIGHT, SAILOR ¼ TURN RIGHT, STEP PIVOT ½ TURN RIGHT

1-2& Side rock to left, recover weight onto right, close left next to right
3-4 Side rock to right, recover weight onto left
5&6 Cross right behind left, step left to side making ¼ turn right, recover weight onto right
7-8 Step left forward, pivot ½ turn right

SHUFFLE FORWARD, "SEXY WALKS", "HIP JIGGLES"

1&2 Step left forward, close right next to left, step left forward
3-4 "Sexy walk" forward right then left
5&6 "Jiggle" step forward on right bumping hip right, left, right
7&8 "Jiggle" step forward on left bumping hip left, right, left

STEP PIVOT ½ TURN LEFT, STEP PIVOT ¼ TURN LEFT, FULL TURN LEFT, RIGHT MAMBO STEP

1-2 Step right forward, pivot ½ turn left
3-4 Step right forward, pivot ¼ turn left
5-6 Make ½ turn left stepping back on right, make ½ turn left stepping forward on left

Alternative: 2 walks forward right then left

7&8 Rock forward onto right, recover weight back on left, close right next to left

JUMP BACK CLAP TWICE, BEHIND, UNWIND ½ TURN LEFT, STEP PIVOT ½ TURN LEFT

&1-2 Jump back feet slightly apart left, right, clap
&3-4 Jump back feet slightly apart left, right, clap
5-6 Touch left toe straight back, unwind ½ turn to left taking weight onto left
7-8 Step right forward, pivot ½ turn left

HEEL BALL CROSS TWICE, SIDE ROCK RIGHT, CROSSING SHUFFLE

1&2 Touch right heel diagonally forward to right, step right next to left, cross left over right
3&4 Touch right heel diagonally forward to right, step right next to left, cross left over right
5-6 Side rock to right, recover weight onto left
7&8 Cross right over left, step left to left side, cross right over left

¼ TURN RIGHT, ½ TURN RIGHT, SHUFFLE FORWARD, STEP PIVOT ½ TURN, SHUFFLE FORWARD

1-2 Making ¼ turn right step back on left, making ½ turn right step forward on right
3&4 Step left forward, close right next to left, step left forward
5-6 Step right forward, pivot ½ turn left
7&8 Step right forward, close left next to right, step right forward

SIDE, SAILOR ¼ TURN RIGHT, SAILOR STEPS TWICE, TOUCH

1 Step left to left side
2&3 Cross right behind left, step left to side making ¼ turn right, recover weight onto right
4&5 Cross left behind right, step right to right side, recover weight onto left
6&7 Cross right behind left, step left to left side, recover weight onto right
8 Touch left beside right

ROLLING VINE LEFT, SIDE RIGHT, HOLD, CLOSE, SIDE, CLOSE, SIDE

1-2 Make ¼ turn left stepping forward on left, make ½ turn left stepping back on right

3-4 Make ¼ turn left stepping to left side, touch right beside left
5-6 Step right to right side, hold
&7 Close left next to right, step right to right side
&8 Close left next to right, step right to right side

REPEAT

TAG

At the end of wall 2

WALK FORWARD TWICE, MAMBO STEP, WALK BACK TWICE, COASTER STEP

1-2 Walk forward left, right
3&4 Rock forward onto left, recover the weight onto right, close left next to right
5-6 Walk back right, left
7&8 Step back on right, close left next to right, step forward on right
