

Without Wings

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Colleen Archer (AUS)
音樂: Flying Without Wings - Westlife



- 1-2 Rock step right forward, rock back onto left
3&4 Right coaster step (step right back, step left beside right, step right forward)
5-6 Rock step left to left side, rock weight onto right (swaying hips)
7&8 Left cross samba (step left across right, step right to side, replace weight onto left) (12:00)
- 1&2 Right cross samba (step right across left, step left to side, replace weight onto right)
3&4 Step left forward, step right beside left, step left back (left coaster step forward)
5 Turn ½ right and step right forward
6& Turn ½ right and step left back, turn ½ right and step right slightly forward
Alternative: quick walk forward left, right, leaving full turn out
7&8 Shuffle forward stepping left, right, left (6:00)
- 1-2& Step right to right side, step left back, cross right over left (angle body to left diagonal)
3-4& Step left back, step right back, cross left over right (angle body to right diagonal)
5-6& Step right back, turn ½ left and step left beside right, step right beside left
7-8 Step left forward, step right to right side (12:00)
- 1&2 Step left behind right, replace weight forward onto right, step left to left side
3&4 Step right behind left, replace weight forward onto left, step right to right side
5-6 Touch left toe behind right, unwind ¾ left taking weight onto left
7&8 Kick right forward, step right beside left, small step forward on left (kick ball step) (3:00)
- 1-2 Slide step right forward, slide step left forward
3-4 Step right to right side and sway hips right, sway hips left
&5&6 Quick step right beside left, shuffle to left side stepping left, right, left
7&8 Step right forward, step left beside right turning ¼ right, step right to right side (6:00)
- 1&2 Full turn left (turn ¼ step left forward, turn ½ step right back, turn ¼ step left to side)
Alternative side shuffle - step left to side, step right beside left, step left to side
3&4 Cross rock right over left, replace weight back on left, step right to right side
5&6 Step left across right, step right to side, step left across behind right
7&8 Step right to right side, turn ¼ right & take weight back onto left, step right back (9:00)
- 1&2 Step left back, replace weight forward onto right, step left forward
3&4 Shuffle forward stepping right, left, right
5-6 Step left forward, turn ¼ right taking weight onto right
7&8 Cross shuffle to right stepping left, right, left (12:00)
- 1&2 Step right to right side, step left beside right, step right back (sliding feet)
3&4 Step left to left side, step right beside left, step left back (sliding feet)
5&6 Sweep into right sailor step (step right behind left, step left to side, replace weight right)
7& Sweep left behind right into ½ turn left taking weight onto left, step right beside left
8 Long step forward on left (6:00)

REPEAT

FINISH

Dance to count 58. Turn ½ left and step left forward. Step right beside left. Long step forward on left
