

Without A Woman

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Pamela Stevenson (UK) & Sheila Burt (UK)
音樂: Senza Una Donna - Zucchero & Paul Young



ROCK RECOVER, ½ TURN STEP LOCK STEP TWICE

1&2 Rock forward on right foot recover on left turning ½ turn right
3&4 Step forward on left, lock right behind left step forward on left
5-8 Repeat 1-4

SIDE CLOSE SIDE CLOSE SIDE, CROSS ROCK SIDE CLOSE ¼ TURN LEFT

1-2 Step right to right side, close left to right
3&4 Step right to right side close left right step right to right side
5-6 Cross rock left over right recover on left
7&8 Step left to left side close right to left turning ¼ left

ROCK RECOVER TRIPLE FULL TURN ROCK & CROSS LEFT VAUDEVILLE

1-2 Rock forward on right recover on left
3&4 Triple full turn right
5&6 Rock left to left side, recover to right, cross left over right
&7&8 Bring right in to left, left heel forward bring left in and cross right over left

LEFT & RIGHT MAMBOS, ROCK FORWARD LEFT ¼ SAILOR TURN LEFT

1&2 Mambo step left to left side
3&4 Mambo step right to right side
5-6 Rock forward on left recover on right
7&8 Turn ¼ left with sailor step

¼ SAILOR TWICE WALK RIGHT & LEFT ROCK & TOUCH

1&2 ¼ turn sailor turning right
3&4 ¼ turn sailor turning left
5-6 Walk forward right walk forward left

Option: full turn left in two steps(right, left)

7&8 Rock forward on right recover on left touch right toe in front of left

STEP LOCK STEP, ROCK ¼ TURN TWICE KICK BALL TOUCH

1&2 Step lock step forward on right
3&4 Rock forward on left turn ¼ left
5&6 Rock forward on right turn ¼ right
7&8 Kick left foot forward step ball of left back touch right toe to left foot

REPEAT

FINISH

On wall 7 you will be on section 4 after steps 7&8 sailor ¼ turn do ½ sailor turning to right to face front and pose