

With You Forever

COPPER KNOB
BY STEPHEN B. B. B.

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jamie Marshall (USA)
音樂: Stickwitu - The Pussycat Dolls



NIGHTCLUB BASIC RIGHT, NIGHTCLUB BASIC LEFT

1-2& Step side right, rock left behind right, recover weight on right

3-4& Step side left, rock right behind left, recover weight on left

Beginner option: side, together, triple side right

5-6 Step side right, step together left

7&8 Small step side right, step together left, small step side right

Intermediate option: full turn right, triple side right

5-6 Turn ½ right (6:00) stepping side right, turn ½ right (12:00) stepping side left

7&8 Triple side right-left-right

Advanced option: ¼, ½, ½, ½, ¼

5-6 Turn ¼ right (3:00) with small step forward right, turn ½ right (9:00) stepping back left

7&8 Turn ½ right (3:00) stepping forward right, turn ½ right (9:00) stepping back left, turn ¼ right (12:00) stepping side right

NIGHTCLUB BASIC LEFT, NIGHTCLUB BASIC RIGHT, FORWARD LEFT, RIGHT

& Bring left foot in next to right keeping weight on right (to "check" or switch the direction of your body's momentum)

1-2& Step side left, rock right behind left, recover weight on left

3-4& Step side right, rock left behind right, recover weight on right

5-6 Walk forward left, walk forward right turning foot slightly to right to set up for turn

Intermediate option: triple full turn

7&8 Turn ½ right (6:00) stepping back left, turn ½ right (12:00) stepping forward right, step forward left

Beginner option: walk, walk, triple forward left

7&8 Triple step forward left-right-left

LOW KICK, SWEEP, BACK-LOCK-BACK

1-2 Kick right foot low towards left diagonal (11:00), sweep right foot around to the right from front to back

3&4 Small step back right opening body towards right diagonal (1:00), lock step left across right, small step back right

Intermediate option: ½ triple forward, turn-back-lock-back

&5&6 Turn ½ left (6:00) stepping forward left, small step forward right, small step forward left

&7&8 Turn ½ left (12:00) stepping back right, lock step left across right, small step back right

Beginner option: back-lock-back, back-lock-back, back-lock-back

5&6 Small step back left opening body towards left diagonal (11:00), lock step right across left, small step back left

7&8 Small step back right opening body towards right diagonal (1:00), lock step left across right, small step back right

SIDE, GLIDING BOX (¼ ¼ ¼), & SIDE & BACK & SIDE & CROSS

1&2 Step side left, slide right foot to touch next to left, turn ¼ left (9:00) sliding right to step side

&3&4 Slide left foot to touch next to right, turn ¼ left (6:00) sliding left to step side, slide right foot to touch next to left, turn ¼ left (3:00) sliding right to step side

&5&6& Bring left foot in next to right keeping weight on right, rock side left, recover weight to right, rock left behind right, recover weight to right

7&8 Rock side left, recover weight to right, step left across right

REPEAT
