With A Holler



拍數: 32 牆數: 0 級數:

編舞者: Jeannie Woolman (USA)

音樂: Any medium West Coast Swing



WALK, SHUFFLE TURN RIGHT AND KICK, BALL, CHANGE

1	Step right foot forward
2	Step left foot forward

3 Step right foot 1/3 turn right (some find it convenient to turn left)

& Quickly step left foot 1/3 turn right (some find it convenient to turn left)

4 Quickly step right foot 1/3 turn forward (completed turn)

Step left foot forward
 Step right foot forward
 Kick left foot forward

& Step ball of left foot next to right foot lifting right foot at the same time

8 Step right foot next to left foot

CIRCLE FOOT, TURN, SHUFFLE, SCUFF-HEEL, CLICK-KICK

9 Point left toe forward keeping weight on right leg

10-11 Slide left toe circling back to left turning ½ left (right foot stays in place while turning on ball of

right foot)

12 Step left foot next to right foot completing turn

13 Step right foot forward

& Quickly step left foot next to right foot

14 Quickly step right foot forward

Scuff left foot forward
Click right heel on floor
Kick left leg in air with holler

STRETCH, STEP LEFT AND GRIND-STRETCH, STEP RIGHT AND GRIND

17 Step left foot 45 degree angle forward left (energetically)

18 Touch right foot next to left foot

19&20 Grind hips ending with weight on left foot

21 Step right foot 45 degree angle forward right (energetically)

22 Touch left foot next to right foot

23&24 Grind hips ending with weight on right foot

SYNCOPATED GRAPEVINE LEFT, CROSS, TURN AND CLAP

25 Step left foot to left side

26 Step right foot behind left foot (legs are crossed at knees)

& Step left foot to left side

27 Quickly step right foot across front of left foot 28 Turn ½ left with a clap (weight on right foot)

29 Step left foot to left side

30 Step right foot behind left foot (legs are crossed at knees)

& Step left foot to left side

31 Quickly step right foot across front of left foot 32 Turn ½ left with a clap (weight on left foot)

REPEAT

