

Wishy Washy Blues

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Irene Groundwater (CAN)
音樂: Wishy Washy Blues - Mari Lisa



HANDS RIGHT - DOWN-UP-DOWN, HANDS LEFT-DOWN-UP-DOWN, 2-DIAGONAL BACK SHUFFLES

1&2 Extend hands to the right - lower - raise - lower (like scrubbing clothes)
3&4 Extend hands to the left - lower - raise - lower (like scrubbing clothes)
5&6 Pivot 1/8 turn right on left ball and side step right, step left beside right, side step right
7&8 Pivot 1/4 turn left on right ball and side step left, step right beside left, side step left
On count 5, body faces diagonal to right. On count 7, body faces diagonal to left, on count 8 straighten body

JUMP, TOGETHER, CLAP, JUMP, TOGETHER, CLAP, FORWARD, RIGHT-FULL TURN ON NEXT 2 STEPS, STOMP

&1-2 Jump right back (arms outstretched), step left together, hold and clap
&3-4 Jump right back (arms outstretched), step left together, hold and clap
5-6-7-8 Right forward, full turn right on next two steps left - right, stomp side step left
Option: on count 6, turning 1/2 right step back left, turning 1/2 right step forward right

STOMP, CLAP, SWIVEL, STOMP, CLAP, SWIVEL

1-2 Stomp right forward (weight forward on right), clap
3&4 Swivel (on balls of feet) both heels - right - left - right (bringing right hip forward on counts 3, 4)
5-6 Stomp left forward (weight forward on left), clap
7&8 Swivel (on balls of feet) both heels - left - right - left (bringing left hip forward on counts 7, 8)

DIAGONAL BACK, TOUCH (X 4)

1-2 Right diagonal back, turn body diagonal to the left and touch left heel to the left diagonal forward
3-4 Left diagonal back, turn body diagonal to the right and touch right heel to the right diagonal forward
5-6 Right diagonal back, turn body diagonal to the left and touch left heel to the left diagonal forward
7-8 Left diagonal back, turn body diagonal to the right and touch right heel to the right diagonal forward

Option: on counts 2 & 6 swing arms right in front of body, on counts 4&8 swing arms left in front of body
Option: snap fingers in front of body on touch steps

RIGHT ROLLING VINE WITH TOUCH, 1/4 TURN LEFT WITH FORWARD SHUFFLE, FORWARD, 1/4 TURN LEFT

1-2 Step right making 1/4 turn right on step, step back on left making 1/2 turn right on step
3-4 Side step right making 1/4 turn right on step, touch left ball beside right instep
5&6 Left forward making 1/4 turn left on step, step right beside left, left forward
7-8 Right forward, pivot 1/4 turn left on right ball as you side step left

SWIVELS WITH DRAGS (TWICE), SIDE, HIP, SIDE, HIP

1& Side step right ball, swivel right heel to the right and drag left ball towards right instep
2 Swivel right ball to the right (still dragging left ball towards right instep)
3& Side step left ball, swivel left heel to the left and drag right ball towards left instep
4 Swivel left ball to the left (still dragging right ball towards left instep)
5-6 Side step right (bending knees) put weight on right foot pushing out right hip as you straighten right leg

7-8 Side step left (bending knees), put weight on left foot pushing out left hip as you straighten left leg

Option: on counts 1-4, side step right, touch left ball beside right instep, side step left, touch right ball beside left instep

REPEAT

ENDING

On counts 1 to 8, music slows. Cross right over left, unwind to face front wall, hold until music restarts and then continue with repeating counts &9-12 until music ends

Or

After dancing counts 1-8 with the cross and unwind, just shimmy with arms overhead until the music ends
This dance was choreographed for the Vancouver Vibrations Event May 19th - 21st, 2006. Dance won 2nd place in the Country Division of Vancouver Vibrations Event
