Winter Sonata

拍數: 32

級數: Intermediate

編舞者: Stardust Glitter (MY)

音樂: Winter Sonata - Ryu

ROCK, FULL TURN RIGHT, SWEEP BACK AND SIT

- 1-2 Rock forward right foot, rock onto left in place
- 3-4 Make ½ turn right stepping right foot forward, make ½ turn right stepping left foot back

Optional for advanced dancers

- 1-4 Press forward on right foot and spin full turn right while hitching right foot
- 5-6 Sweep right foot back, sweep left foot back
- 7-8 Sweep right foot back and sit with weight on right foot

TURN ¼ RIGHT, VINE AND ½ TURN WITH SWEEP AND CROSS POINT

- 1-2 Step left foot ¼ left and sweep right foot to the left and touch beside left
- 3-4 Step right foot to right, cross left foot behind right
- 5-6 Step right foot 1/4 turn right and start sweeping left foot to the right around
- 7-8 Spin ¼ turn right on right foot, continue sweeping left foot to step down over right foot and point right foot to right

BALL CHANGE WITH SLIDES, ROCK FORWARD AND 1 ½ TURN RIGHT INTO SKATE

- 1&2 Cross right foot behind left, rock onto left foot and slide right foot diagonally to right (ball change & slide)
- 3&4 Cross left foot behind right, rock onto right foot and slide left foot diagonally to left
- 5-6 Rock forward right foot, rock onto left in place
- 7-8-1 Make ½ turn right stepping right, left forward, step left foot forward into a full spin right and skate right, left diagonally to right

Easier option: make ½ turn right stepping right foot forward, slide left foot diagonally to left and skate right, left diagonally to right)

FORWARD SKATES, SWEEP ½ TURN LEFT, FORWARD SWEEPS

- 2 Skate left foot diagonally to left
- 3-4 Skate right foot diagonally to right, touch left foot in front
- 5-6 Sweep left foot to the left while making ¹/₂ turn left and step down on left foot over right
- 7-8 Sweep right foot forward over left and sweep left foot forward

REPEAT





牆數:4