

Wings Of Angels

拍數: 0 牆數: 0 級數:
編舞者: William Sevone (UK)
音樂: Send Down an Angel - Allison Moorer



Sequence: AB, AB, A (counts 1-30), B, A (counts 1-20)

SECTION A

EXTENDED WEAVE, ½ TURN RIGHT

- 1-4 Step right foot to right side, step left foot behind right, step right foot to right side, cross left foot over right
- 5-6 Step right foot to right side, step left foot behind right
- 7-8 Turning ¼ right step forward onto right foot, turning ¼ right step left foot to left side

EXTENDED WEAVE, ½ TURN RIGHT

- 9-16 Repeat counts 1-8

ROCKS, CROSS STEP, UNWIND ¾ LEFT, ROCK

- 17-20 Rock forward onto right foot, recover onto left foot, rock backward onto right foot, recover onto left foot
- 21-24 Cross right foot over left, unwind ¾ left, rock backward onto left foot, recover onto right

FORWARD SHUFFLE, STEP FORWARD, ROCK, ¼ LEFT SIDE STEP, CROSS SHUFFLE LEFT

- 25&26 Step forward onto left foot, close right foot behind left, step forward onto left foot
- 27-30 Step forward onto right foot, rock forward onto left foot, recover onto right foot, turning ¼ left step left foot to left side
- 31&32 Cross right foot over left, step left foot behind right, step right to left side

SIDE STEP, FULL TURN RIGHT, SIDE STEP, STEP BEHIND, SIDE STEP

- 33 Step left foot to left side
- 34-35 Turning ½ right step right foot to right side, turning ½ right step left foot to left side
- 36&37 Cross right foot over left, step left foot behind right, step right to left side
- 38 Step left foot to left side
- 39-40 Step right foot behind left foot, step left foot to left side

1 AND ¾ TURNS RIGHT, 2X BACK STEPS, ROCK

- 41-42 Turning ¼ right step forward onto right foot, turning ¼ right step left foot to left side
- 43-44 Turning ½ right step right foot to right side, turning ¾ right step backward onto left foot
- 45-46 Step backward onto right foot, step backward onto left foot
- 47-48 Rock backwards onto right foot, recover onto left foot

SECTION B

CROSS STEP WITH WINGS, SIDE STEP WITH WINGS, CROSS ROCK WITH WING, RECOVER WITH WING CHASSE RIGHT

- 1-2 Cross right foot over left (arms outstretched to sides, palms down) over two counts
- 3-4 Step left foot to left side (dropping arms and crossing in front) over two counts
- 5 Cross rock right foot over left (left arm outstretched to side, palm down)
- 6 Recover onto left foot (dropping left arm and crossing in front)
- 7&8 Step right foot to right side, close left foot next to right, step right foot to right side

CROSS ROCK WITH WING, RECOVER WITH WING, ¼ LEFT FORWARD STEP, SIDE STEP, 4X ROCKS

- 9 Cross rock left foot over right (right arm outstretched to side, palm down)

- 10 Recover onto right foot (dropping right arm and crossing in front)
11-12 Turning ¼ left-step forward onto left foot, step right foot to right side
13-16 Rock onto left foot, rock onto right foot, rock onto left foot, rock onto right foot
Styling note: counts 13-16 treat rocks like a figure of 8, also push hips into move

STEP BEHIND, SIDE STEP, CROSS ROCK, ¼ LEFT SIDE STEP, CROSS SHUFFLE LEFT, SIDE STEP

- 17-20 Step left foot behind right, step right foot to right side, cross rock left foot over right, recover onto right foot
21 Turning ¼ left-step left foot to left side
22&23 Cross right foot over left, step left foot behind right, step right to left side
24 Step left foot to left side

CROSS STEP WITH WINGS, SIDE STEP WITH WINGS, CROSS ROCK WITH WING, RECOVER WITH WING

- 25-26 Cross right foot over left (arms outstretched to sides, palms down) over two counts
27-28 Step left foot to left side (dropping arms and crossing in front) over two counts
29 Cross rock right foot over left (left arm outstretched to side, palm down)
30 Recover onto left foot (dropping left arm and crossing in front)

REPEAT

At the end of the dance, on counts 17-20 (Section A) each rock is over two counts.
