

Wings

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Lyndy (USA)
音樂: If My Heart Had Wings - Faith Hill



Dance starts with the words. Dance ends on count #6

RIGHT HEEL HOOK PATTERN, HEEL JACKS

1&2&3&4 R heel, R hook, R heel, R hook outside, R heel, R hook, R heel
&5-6 Step R next to L, L heel, clap
&7-8 Step L next to R, R heel, clap

LEFT HEEL HOOK PATTERN, BALL CHANGE WALK, SHUFFLE

& Step R next to L
9&10&11&12 L heel, L hook, L heel, L hook outside, L heel, L hook, L heel
&13-14 Step L next to R, walk forward on R, clap
15&16 Shuffle L,R,L

ROCK ½ TURN, SHUFFLE, ¼ TURN WEAVE, COASTER

17-18 Rock forward on R, return onto L while starting ½ turn to right
19&20 Complete ½ turn from above and shuffle R,L,R (facing 6 o'clock)
21-22 Pivoting ¼ turn to right on R foot step L to side, cross behind R (9 o'clock)
23&24 Coaster step L,R,L (blade body slightly to 10 O'clock)

SYNCOATED SIDE STEPS, ROCK, COASTER

25-26 R side step, clap (unblade body and face 9 o'clock)
&27&28 Step L next to R, R side step, step L next to R, R side step
29-30 Rock forward and to the right on L, return on R (blade body slightly to 10 o'clock)
31&32 Coaster step L,R,L

ROCK, 2 STEP TURN (1 ¼), ½ TURNING SHUFFLE, ROCK

Note: At this time, the wall you are addressing is in front of you and slightly to the left (your body should be bladed to 10 o'clock). For counts 35-40, you should travel toward 6 o'clock. When you reach count 40, you should be standing roughly at the same spot you were standing at on count 24, but facing 6 o'clock.

33-34 Rock forward on R, return on L
35 Turn ¾ right stepping forward on R (6 o'clock)
36 Turn ½ right and step back on L (12 o'clock)
37&38 Turn ¼ right step R to right side, step L next to R, turn ¼ right and step forward R (6 o'clock)
39-40 Rock forward on L, return on R

COASTER, ½ PIVOT TURN, ¼ PIVOT TURN, STEP R L - FEET TOGETHER

41&42 Coaster step L,R,L
43-44 Step forward on R, turn ½ left transferring weight onto L (12)
45-46 Step forward on R, turn ¼ left transferring weight onto L (9)
&47-48 Stomp R next to L, stomp L next to R, stamp R next to L
(keeping weight on L foot & facing 9 o'clock)

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