

The Wine Dance

拍數: 32 牆數: 2 級數: Improver
編舞者: Bill Bader (CAN)
音樂: Wine, Women and Song - Patty Loveless



STOMP FORWARD, 3 TOE FANS, FORWARD LOCK STROLL, SCUFF

- 1 Stomp right heel forward with toe angled left
- 2 Rotate right toe to right angle
- 3 Rotate right toe to left angle
- 4 Rotate right toe to right angle shifting weight forward onto right
- 5 Step left forward
- 6 Lock step right behind left by sliding it forward to left side of left heel
- 7 Step left forward
- 8 Scuff right heel forward

FORWARD RIGHT TURNING LEFT, TOUCH, SIDE LEFT TURNING LEFT, SCUFF

- 9 Step right forward turning $\frac{1}{4}$ left (9:00)
- 10 Touch left toe beside right
- 11 Step left to left side turning $\frac{1}{4}$ left (6:00)
- 12 Scuff right heel forward

FORWARD, ROCK BACK, STEP BACK, HEEL, HOLD

- 13 Step right forward
- 14 Rock back onto left
- &15 Step right back, touch left heel forward
- 16 Hold

LEFT SIDE TOE DROP WITH BODY WAVE, SWAY HIPS RIGHT-LEFT

- 17-18 Touch left toe to left side, lower left heel - weight onto left.

During 17-18, do a body wave ("snake" or "dolphin") which is similar to a slow sway. First take the upper body to the left by moving the head and upper torso, then smoothly and fluidly bring the lower torso with hips above the left foot. Weight transfers from right to left gradually during these moves

- 19 Sway hips right - weight onto right
- 20 Sway hips left - weight onto left

TOE DROPS MOVING RIGHT

- 21 Touch right toe to right side
- 22 Lower right heel - weight onto right
- 23 Touch left toe forward, almost but not quite in front of right (not crossed)
- 24 Lower left heel - weight onto left

RIGHT SHUFFLE, BACK, ROCK, FORWARD SHUFFLE, WALK, WALK

- 25&26 Right side shuffle: step side-together-side on right-left-right
- 27 Step left back behind right (toe angles naturally to left)
- 28 Rock forward onto right
- 29&30 Left shuffle forward: step forward-together-forward on left-right-left
- 31 Step right forward
- 32 Step left forward

REPEAT