

Windmill Forever Turn

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Lady Lace (UK)
音樂: Feel Good Inc. - Gorillaz



ROCK BACK KICK & CROSS SHUFFLE, ROCK BACK KICK & ¼ TURN, CROSS SHUFFLE

1-2 Rock back on right kicking left diagonally left, step left in place
3&4 Cross step right over left, step left to side, cross step right over left
5-6 Rock back on left kicking right diagonally, step right in place turning ¼ right
7&8 Cross step left over right, step right to side, cross step left over right

SIDE, TOGETHER, SIDE SHUFFLE, ROCK ACROSS, 1 ¼ TRIPLE TURN LEFT

1-2 Step right to right side, step left beside right
3&4 Step right to side, close left to right, step right to side
5-6 Rock left across right, recover onto right
7&8 Step left forward ¼ turn left, step right back ½ turn left, step left forward ½ turn left

TOE SWITCHES, HEEL & BACK TOUCH, KICK BALL CHANGE, 2 WALKS FORWARD

1&2 Touch right toe to right side, step in place, touch left toe to left side
&3 Step left in place, touch right heel forward
&4 Step right in place, touch ball of left back
5&6 Kick left forward, step in place, step right in place
7-8 Step forward left, step forward right

FORWARD & BACK ROCK, STEP PIVOT ½ TURN, 2 STEP FULL TURN

1-2 Rock forward left, recover onto right
3-4 Rock back left, recover onto right
5-6 Step forward left, pivot ½ turn right weight ends on right
7-8 Step left back turning ½ right, step right forward turning ½ right

CROSS, SIDE, BOUNCE, KICK, SIDE, CROSS, SIDE BOUNCE, KICK

1-2 Cross step left over right, step right to right side
3-4 Bend knees, straighten up as you kick out to left side
Option: push hands left
5-6 Step left to left side, cross step right over left
7-8 Step left to left side bend knees, straighten up as you kick out to right side

Option: push hands right

¼ TURN 2 TOE STRUTS, FORWARD ROCK, RIGHT COASTER

1-2 Making ¼ turn right touch right forward, step heel down (click fingers right)
3-4 Touch left forward, step heel down (click fingers left)
5-6 Rock right forward, recover onto left
7&8 Step right back, step left beside right, step right forward

SIDE ROCK, TRIPLE ¾ TURN LEFT, SIDE ROCK, CROSS SHUFFLE

1-2 Rock left to left side, recover onto right
3&4 Step left forward making ½ turn left, close right to left, step left ¼ turn left
5-6 Rock right to right side, recover onto left
7&8 Cross step right over left, step left to left side, cross step right over left

GRAPEVINE ¼ TURN LEFT WITH A SCUFF, FORWARD & BACK ROCKS

1-2 Step left to left side, step right behind left

- 3-4 Making $\frac{1}{4}$ turn left step left forward, scuff right forward beside left
5-6 Rock right forward, recover onto left
7-8 Rock right back, recover onto left

SIDE ROCK, TRIPLE $\frac{3}{4}$ TURN RIGHT, FORWARD ROCK, LEFT COASTER

- 1-2 Rock right to right side, recover onto left
3&4 Step right $\frac{1}{2}$ turn right, close left to right, step right $\frac{1}{4}$ turn right
5-6 Rock left forward, recover onto right
7&8 Step left back, step right beside left, step left forward

REPEAT
