

# Wind-Up

**COPPER KNOB**  
STEPSHEETS

拍數: 34      牆數: 2      級數: Improver  
編舞者: Ann Abbott (UK)  
音樂: Wasted Time - Lee Roy Parnell



## CROSS TRIPLE ROCK, ROCK CROSS, UNWIND

1            Cross left over right  
&            Step right small step to right  
2            Cross left over right  
3            Rock right on right foot  
4            Rock in place on left foot  
5            Cross right foot over left foot  
6            Unwind ½ turn left

## CROSSING TRIPLE, ROCK, ROCK, CROSS UNWIND

7            Cross left over right  
&            Step right small step to right  
8            Cross left over right  
9            Rock to right on right foot  
10           Rock in place on left foot  
11           Cross right foot over left foot  
12           Unwind ½ turn left, keeping weight on left foot

## RIGHT KICK BALL CHANGE, RIGHT KICK BALL CHANGE

13           Kick right foot forward  
&           Step right beside left  
14           Step left in place  
15           Kick right foot forward  
&           Step right beside left  
16           Step left in place

## STEP, ½ PIVOT LEFT, RIGHT SHUFFLE

17           Step forward right  
18           ½ pivot turn left  
19&20       Step forward right, step left next to right, step forward right

## LEFT KICK BALL CHANGE, LEFT KICK BALL CHANGE

21           Kick left foot forward  
&           Step left beside right  
22           Step right in place  
23           Kick left foot forward  
&           Step left beside right  
24           Step right in place

## STEP ½ PIVOT RIGHT, LEFT SHUFFLE

25           Step forward left  
26           ½ pivot turn right  
27&28       Step forward left, step right to left, step forward left

## RIGHT ROCK STEP, ½ TURN RIGHTS, TOUCH LEFT

29           Rock forward on right foot

- 30 Rock back on to left
- 31 On ball of left foot, turn  $\frac{1}{2}$  right and step right foot forward
- 32 On ball of right foot, turn  $\frac{1}{2}$  right and step left foot back
- 33 On ball of left foot, turn  $\frac{1}{2}$  right and step right foot forward
- 34 Touch left beside right

**REPEAT**

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