

# Wind Ya Body

**COPPER KNOB**  
STEPSHEETS

拍數: 38      牆數: 4      級數: Intermediate  
編舞者: Mike Kokolay  
音樂: Boom Shack-A-Lack - Apache Indian



## STEP ¼ TURNS WITH HIP CIRCLES X4

1-2            Step forward right, circle hips to the left making ¼ turn left  
3-4            Step forward right, circle hips to the left making ¼ turn left  
5-6            Step forward right, circle hips to the left making ¼ turn left  
7-8            Step forward right, circle hips to the left making ¼ turn left

## SYNCOPATED STEPS OUT & IN WITH SHUFFLES FORWARD RIGHT & LEFT

&9            Step right out to right side, step left out to left side  
&10           Step right into center, step left into center  
11&12        Step forward right, close left beside right, step forward right  
&13           Step left out to left side, step right out to right side  
&14           Step left into center, step right into center  
15&16        Step forward left, close right beside left, step forward left

## ROCK STEP, 3 X ½ TURNS RIGHT INTO RIGHT SHUFFLE FORWARD

17-18        Rock forward on right, rock back onto left  
19            On ball of left make ½ turn right - stepping forward right  
20            On ball of left make ½ turn right - stepping forward left  
21            On ball of left make ½ turn right - stepping forward right  
&22           Close left beside right, step forward right

## TOE POINTS & CROSSES, KICK BALL CROSS, UNWIND FULL TURN LEFT

23-24        Point left toe to left side, cross step left over right  
25-26        Point right toe to right side, cross step right over left  
27&28        Kick left to left diagonal, step left beside right, cross right over left  
29-30        Unwind full turn left over 2 counts

## FORWARD & BACK ROCKS, ¼ TURN, KICK BALL CHANGE, STOMP, CLAP

31&           Rock forward on right, rock back onto left  
32&           Rock back on right, rock forward onto left  
33-34        Step forward right, pivot ¼ turn left  
35&36        Kick right forward, step right beside left, step left in place  
37-38        Stomp right beside left (no weight), clap hands

**REPEAT**

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